# CARF Accreditation Report for

# Northeast Michigan Community Mental Health Authority

**Three-Year Accreditation** 



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# **About CARF**

CARF is an independent, nonprofit accreditor of health and human services, enhancing the lives of persons served worldwide.

The accreditation process applies CARF's internationally recognized standards during a site survey conducted by peer surveyors. Accreditation, however, is an ongoing process that distinguishes a provider's service delivery and signals to the public that the provider is committed to continuous performance improvement, responsive to feedback, and accountable to the community and its other stakeholders.

CARF accreditation promotes providers' demonstration of value and Quality Across the Lifespan® of millions of persons served through application of rigorous organizational and program standards organized around the ASPIRE to Excellence® continuous quality improvement framework. CARF accreditation has been the recognized benchmark of quality health and human services for more than 50 years.

For more information or to contact CARF, please visit www.carf.org/contact-us.



# **Organization**

Northeast Michigan Community Mental Health Authority 400 Johnson Street Alpena, MI 49707

# **Organizational Leadership**

Erin Fletcher, LMSW, Director of Clinical & Support Services Jennifer Walburn, LMSW, CAADC, Director of Compliance Nena Sork, LMSW, Executive Director Vicky DeRoven, MSOD, Quality Improvement Coordinator

# **Survey Number**

195851

# Survey Date(s)

July 28, 2025–July 30, 2025

# Surveyor(s)

Sarina C. Oden, MA, Administrative Loren J. Hoffman, MSW, LMSW, LMFT, Program Mary Lynn L. Logsdon, BS, Program Carrie Mastoris, LCSW, Program Kimberly M. Shewmaker, LMSW, CAADC, CCDP-D, CCS-M, CPRM, Program

# Program(s)/Service(s) Surveyed

Assertive Community Treatment: Mental Health (Adults)

Case Management/Services Coordination: Integrated: IDD/Mental Health (Adults)

Case Management/Services Coordination: Integrated: IDD/Mental Health (Children and Adolescents)

Case Management/Services Coordination: Mental Health (Adults)

Case Management/Services Coordination: Mental Health (Children and Adolescents)

Community Housing: Integrated: IDD/Mental Health (Adults) Crisis Programs - Crisis Intervention: Mental Health (Adults)

Crisis Programs - Crisis Intervention: Mental Health (Children and Adolescents)

Health Home: Comprehensive Care (Medically Complex)

Intensive Family-Based Services: Mental Health (Children and Adolescents)

Outpatient Treatment: Mental Health (Adults)

Outpatient Treatment: Mental Health (Children and Adolescents)

Supported Living: Integrated: IDD/Mental Health (Adults) Community Employment Services: Employment Supports Community Employment Services: Job Development

Governance Standards Applied

# **Previous Survey**

August 24, 2022–August 26, 2022 Three-Year Accreditation



# **Accreditation Decision**

Three-Year Accreditation Expiration: June 30, 2028



# **Executive Summary**

This report contains the findings of CARF's site survey of Northeast Michigan Community Mental Health Authority conducted July 28, 2025–July 30, 2025. This report includes the following information:

- Documentation of the accreditation decision and the basis for the decision as determined by CARF's consideration of the survey findings.
- Identification of the specific program(s)/service(s) and location(s) to which this accreditation decision applies.
- Identification of the CARF surveyor(s) who conducted the survey and an overview of the CARF survey process and how conformance to the standards was determined.
- Feedback on the organization's strengths and recognition of any areas where the organization demonstrated exemplary conformance to the standards.
- Documentation of the specific sections of the CARF standards that were applied on the survey.
- Recommendations for improvement in any areas where the organization did not meet the minimum requirements to demonstrate full conformance to the standards.
- Any consultative suggestions documented by the surveyor(s) to help the organization improve its program(s)/service(s) and business operations.

# **Accreditation Decision**

On balance, Northeast Michigan Community Mental Health Authority demonstrated substantial conformance to the standards. The organization shows a strong commitment to its mission and the community it serves. The leadership team is actively engaged and genuinely invested in the well-being of the persons served, and the executive director's initiative in offering free training not only enhances staff development but also strengthens community capacity. Referral and funding sources consistently recognized the organization as a dependable and collaborative partner, while the persons served expressed deep appreciation for the programming and the compassion of staff, noting that the organization truly meets people where they are in their recovery journeys. There are opportunities for improvement identified in the recommendations in this report, including the areas of leadership, financial planning and management, risk management, and program/service structure.

Northeast Michigan Community Mental Health Authority appears likely to maintain and/or improve its current method of operation and demonstrates a commitment to ongoing quality improvement. Northeast Michigan Community Mental Health Authority is required to submit a post-survey Quality Improvement Plan (QIP) to CARF that addresses all recommendations identified in this report.

Northeast Michigan Community Mental Health Authority has earned a Three-Year Accreditation. The leadership team and staff are complimented and congratulated for this achievement. In order to maintain this accreditation, throughout the term of accreditation, the organization is required to:

- Submit annual reporting documents and other required information to CARF, as detailed in the Accreditation Policies and Procedures section in the standards manual.
- Maintain ongoing conformance to CARF's standards, satisfy all accreditation conditions, and comply with all accreditation policies and procedures, as they are published and made effective by CARF.



# **Survey Details**

# **Survey Participants**

The survey of Northeast Michigan Community Mental Health Authority was conducted by the following CARF surveyor(s):

- Sarina C. Oden, MA, Administrative
- Loren J. Hoffman, MSW, LMSW, LMFT, Program
- Mary Lynn L. Logsdon, BS, Program
- Carrie Mastoris, LCSW, Program
- Kimberly M. Shewmaker, LMSW, CAADC, CCDP-D, CCS-M, CPRM, Program

CARF considers the involvement of persons served to be vital to the survey process. As part of the accreditation survey for all organizations, CARF surveyors interact with and conduct direct, confidential interviews with consenting current and former persons served in the program(s)/service(s) for which the organization is seeking accreditation. In addition, as applicable and available, interviews may be conducted with family members and/or representatives of the persons served such as guardians, advocates, or members of their support system.

Interviews are also conducted with individuals associated with the organization, as applicable, which may include:

- The organization's leadership, such as board members, executives, owners, and managers.
- Business unit resources, such as finance and human resources.
- Personnel who serve and directly interact with persons served in the program(s)/service(s) for which the organization is seeking accreditation.
- Other stakeholders, such as referral sources, payers, insurers, and fiscal intermediaries.
- Community constituents and governmental representatives.

# **Survey Activities**

Achieving CARF accreditation involves demonstrating conformance to the applicable CARF standards, evidenced through observable practices, verifiable results over time, and comprehensive supporting documentation. The survey of Northeast Michigan Community Mental Health Authority and its program(s)/service(s) consisted of the following activities:

- Confidential interviews and direct interactions, as outlined in the previous section.
- Direct observation of the organization's operations and service delivery practices.
- Observation of the organization's location(s) where services are delivered.
- Review of organizational documents, which may include policies; plans; written procedures; promotional
  materials; governing documents, such as articles of incorporation and bylaws; financial statements; and other
  documents necessary to determine conformance to standards.
- Review of documents related to program/service design, delivery, outcomes, and improvement, such as program descriptions, records of services provided, documentation of reviews of program resources and services conducted, and program evaluations.
- Review of records of current and former persons served.



# Program(s)/Service(s) Surveyed

The survey addressed by this report is specific to the following program(s)/service(s):

- Assertive Community Treatment: Mental Health (Adults)
- Case Management/Services Coordination: Integrated: IDD/Mental Health (Adults)
- Case Management/Services Coordination: Integrated: IDD/Mental Health (Children and Adolescents)
- Case Management/Services Coordination: Mental Health (Adults)
- Case Management/Services Coordination: Mental Health (Children and Adolescents)
- Community Housing: Integrated: IDD/Mental Health (Adults)
- Crisis Programs Crisis Intervention: Mental Health (Adults)
- Crisis Programs Crisis Intervention: Mental Health (Children and Adolescents)
- Health Home: Comprehensive Care (Medically Complex)
- Intensive Family-Based Services: Mental Health (Children and Adolescents)
- Outpatient Treatment: Mental Health (Adults)
- Outpatient Treatment: Mental Health (Children and Adolescents)
- Supported Living: Integrated: IDD/Mental Health (Adults)
- Community Employment Services: Employment Supports
- Community Employment Services: Job Development
- Governance Standards Applied

A list of the organization's accredited program(s)/service(s) by location is included at the end of this report.

# **Representations and Constraints**

The accreditation decision and survey findings contained in this report are based on an on-balance consideration of the information obtained by the surveyor(s) during the site survey. Any information that was unavailable, not presented, or outside the scope of the survey was not considered and, had it been considered, may have affected the contents of this report. If at any time CARF subsequently learns or has reason to believe that the organization did not participate in the accreditation process in good faith or that any information presented was not accurate, truthful, or complete, CARF may modify the accreditation decision, up to and including revocation of accreditation.

# Survey Findings

This report provides a summary of the organization's strengths and identifies the sections of the CARF standards that were applied on the survey and the findings in each area. In conjunction with its evaluation of conformance to the specific program/service standards, CARF assessed conformance to its business practice standards, referred to as Section 1. ASPIRE to Excellence, which are designed to support the delivery of the program(s)/service(s) within a sound business operating framework to promote long-term success.



The specific standards applied from each section vary based on a variety of factors, including, but not limited to, the scope(s) of the program(s)/service(s), population(s) served, location(s), methods of service delivery, and survey type. Information about the specific standards applied on each survey is included in the standards manual and other instructions that may be provided by CARF.

# **Areas of Strength**

CARF found that Northeast Michigan Community Mental Health Authority demonstrated the following strengths:

- For over 55 years, the organization has been providing a continuum of behavioral health services for persons served and families residing in rural, upstate Michigan.
- The organization goes above and beyond by offering access to showers at its main office for persons experiencing hardship. This is a much-needed and compassionate service.
- The leadership team is actively engaged and genuinely invested in the well-being of the community it serves.
- The executive director has provided valuable training opportunities not only to enhance the skills of the staff members but also to support the broader community, offering these sessions at no cost.
- Referral sources and funding sources view the organization as a highly dependable and collaborative partner that brings meaningful value to the community and the persons served.
- The board of directors is fully aligned with the mission and vision of the organization and demonstrates a deep commitment to supporting the organization's goals. Board members serve as strong advocates for the organization and the persons served, playing an important role in advancing the organization's impact within the region.
- Services for children and adolescents are exceptionally strong. The children's targeted case management program and intensive home-based services (IHB), which focus on family preservation, represent the organization's strong programming for children. The IHB is staffed by a diverse team, including a physician who is board-certified in child and adolescent psychiatry. Parents and caregivers are supported in this program by respite services, exceptional case managers, parent support partners, youth peer support specialists, and infant mental health specialists.
- The organization's supported independence program (SIP) shows as innovative use of technology (like the tech monitoring room) and provides 24/7 staffing response capacity to support persons with complex medical and psychiatric needs. The SIP implements clinical research as an evidence-based practice that could benefit similar programs. Its model is similar to the ACT (Assertive Community Treatment) and Clubhouse models, which have for more than half a century established themselves internationally as best practices in psychosocial rehabilitation.
- The ACT program is staffed by a team that individually and collectively maintains extraordinary fidelity to the ACT model. The ACT program supervisor provides experienced leadership. The ACT team is supported by a dedicated and skilled psychiatrist who brings to the team a medical perspective with a strong trauma-informed and strengths-based approach to integrated care for the persons served. Because of the low staff-to-client ratio, ACT team members are able to support the organization's evidence-based program well.
- Strong physician and psychiatric nursing services are complemented by a designated hospital discharge clinician, a social worker who serves as a liaison and coordinates the transfer of individuals in inpatient psychiatric care into the organization's various programs upon discharge from the local hospital, and the nearest pediatric inpatient program in Saginaw.



- The program's physical spaces are thoughtfully designed to promote both physical and psychological safety, creating a welcoming, therapeutic environment where all persons served can thrive. From color schemes to artwork and room layouts, each element is intentionally chosen to support healing, comfort, and dignity. There are inspirational bulletin boards and plenty of informational literature available.
- One of the program's greatest strengths is its comprehensive, trauma-informed service programs that meet persons served where they are emotionally, developmentally, and geographically. From traditional outpatient programs to medical care, case management, senior care, education initiatives and community-based supports, and supported and independently monitored housing services, the program serves individuals ages three to 103. The services integrate seamlessly with trauma-informed care plans and are in high demand by the community. They offer state-of-the-art medical/psychological treatment to reduce mental health symptoms through medical and psychiatric blended care. The program embodies a commitment to high-quality, personcentered, and accessible care across all levels of need.
- The program is staffed by a passionate and trauma-informed team that prioritizes both physical and psychological safety. Senior leadership demonstrates a deep commitment to continual personal and professional development, cultivating a culture of excellence, mutual support, and high-quality service delivery. The program has added a peer coaching curriculum, which has provided the persons served the opportunity to grow into peer support employees. The program even offers peer support for parents. The culture of the organization is welcoming and respectful, and it is apparent that the staff members are dedicated to the success of the organization. Staff members are caring, engaged, joyful, dedicated, and enthusiastic. They demonstrate tremendous pride in the programs and in the progress of the persons served. There is obvious proof of teamwork throughout the behavioral health programs. The atmosphere is joyful, loving, and caring. Staff members reported that they feel free to make suggestions. One staff member commented that working with the organization is not like work at all; helping others makes it easy to be there.
- The organization has beautiful homes it provides for the persons served. Each location was clean, homey, and accessible. Spaces were personalized with pictures and items made by the persons served. The backyards were private and spacious, providing ample areas to enjoy the outdoors. The interactions between staff members and the persons served were compassionate, caring, loving, and genuinely demonstrated in a homelike environment.
- The organization has an exceptional partnership with a rural health center in Lincoln, where it sends a staff member to provide behavioral health services on site at the clinic. The health center provides a truly integrated approach to care in a state-of-the-art facility. The clinic manager expressed her appreciation for this partnership.
- The program offers many different services to the persons served and clearly demonstrates an overall team approach. Each department was able to define its specific role within the organization and was able to describe how staff members work together as a team to provide the best service possible to each person served.
- Employers and other stakeholders expressed positive sentiments regarding the organization, including the quality of referrals, support from staff members, and the organization as a whole. Comments included, "I have nothing but good things to say about [the organization]." The support provided plays a crucial role in the overall success and satisfaction of the employment program. The feedback reflects the dedication to excellence in service delivery.
- The organization has demonstrated a remarkable ability to navigate the complexities of locating job placements in a rural community. Its dedication to connecting the persons served with suitable employment is noteworthy. It is evident that staff members have a genuine commitment to improving the lives of those served. Staff members are successful at eliciting and then attending to the persons' preferences and are creative and steadfast in understanding the unique needs to find the right fit. The result is a win-win for the person served, the employer, and the organization.



Having a full-time certified benefits counselor available is a significant investment from the organization. Debunking myths and providing updated information regarding benefits assists the persons served, families, and other supports in making informed decisions. Support is not only provided before employment but also continues during employment to ensure that ongoing reporting takes place to maintain compliance with Social Security Administration regulations.

# **Opportunities for Quality Improvement**

The CARF survey process identifies opportunities for continuous improvement, a core concept of "aspiring to excellence." This section of the report lists the sections of the CARF standards that were applied on the survey, including a description of the business practice area and/or the specific program(s)/service(s) surveyed and a summary of the key areas addressed in that section of the standards.

In this section of the report, a recommendation identifies any standard for which CARF determined that the organization did not meet the minimum requirements to demonstrate full conformance. All recommendations must be addressed in a QIP submitted to CARF.

In addition, consultation may be provided for areas of or specific standards where the surveyor(s) documented suggestions that the organization may consider to improve its business or service delivery practices. Note that consultation may be offered for areas of specific standards that do not have any recommendations. Such consultation does not indicate nonconformance to the standards; it is intended to offer ideas that the organization might find helpful in its ongoing quality improvement efforts. The organization is not required to address consultation.

When CARF surveyors visit an organization, their role is that of independent peer reviewers, and their goal is not only to gather and assess information to determine conformance to the standards, but also to engage in relevant and meaningful consultative dialogue. Not all consultation or suggestions discussed during the survey are noted in this report. The organization is encouraged to review any notes made during the survey and consider the consultation or suggestions that were discussed.

During the process of preparing for a CARF accreditation survey, an organization may conduct a detailed self-assessment and engage in deliberations and discussions within the organization as well as with external stakeholders as it considers ways to implement and use the standards to guide its quality improvement efforts. The organization is encouraged to review these discussions and deliberations as it considers ways to implement innovative changes and further advance its business and service delivery practices.

# Section 1. ASPIRE to Excellence®

# 1.A. Leadership

# **Description**

CARF-accredited organizations identify leadership that embraces the values of accountability and responsibility to the individual organization's stated mission. The leadership demonstrates corporate social responsibility.

#### **Key Areas Addressed**

- Leadership structure and responsibilities
- Person-centered philosophy
- Organizational guidance
- Leadership accessibility



- Cultural competency, diversity, and inclusion
- Corporate responsibility
- Organizational fundraising, if applicable

#### Recommendations

1.A.9.a.(1)

1.A.9.a.(2)(a)

1.A.9.a.(2)(b)

1.A.9.a.(2)(c)

1.A.9.a.(2)(d)

1.A.9.a.(3)

1.A.9.a.(4)

1.A.9.a.(5)

1.A.9.a.(6)

1.A.9.b.(1)

1.A.9.b.(2)

To demonstrate accountability, an organization that engages in fundraising should implement written procedures that address oversight; donor solicitation, communication, recognition, and confidentiality; valuing of donations; use of donations in accordance with donor intent; documentation and recordkeeping; and use of volunteers in fundraising efforts, if applicable. It should also provide training related to fundraising written procedures to appropriate personnel, including initial training and ongoing training.

# 1.B. Governance (Optional)

# **Description**

The governing board should provide effective and ethical governance leadership on behalf of its owners'/stakeholders' interest to ensure that the organization focuses on its purpose and outcomes for persons served, resulting in the organization's long-term success and stability. The board is responsible for ensuring that the organization is managed effectively, efficiently, and ethically by the organization's executive leadership through defined governance accountability mechanisms. These mechanisms include, but are not limited to, an adopted governance framework defined by written governance policies and demonstrated practices; active and timely review of organizational performance and that of the executive leadership; and the demarcation of duties between the board and executive leadership to ensure that organizational strategies, plans, decisions, and actions are delegated to the resource that would best advance the interests and performance of the organization over the long term and manage the organization's inherent risks. The board has additional responsibilities under the domain of public trust, and as such, it understands its corporate responsibility to the organization's employees, providers, suppliers, and the communities it serves.

# **Key Areas Addressed**

- Ethical, active, and accountable governance
- Board selection, orientation, development, leadership, structure, and performance
- Linkage between governance and executive leadership
- Board meetings and committee work
- Executive leadership development, evaluation, and compensation

#### Recommendations



# 1.C. Strategic Planning

# **Description**

CARF-accredited organizations establish a foundation for success through strategic planning focused on taking advantage of strengths and opportunities and addressing weaknesses and threats.

# **Key Areas Addressed**

- Environmental considerations
- Strategic plan development, implementation, and periodic review

# Recommendations

There are no recommendations in this area.

# 1.D. Input from Persons Served and Other Stakeholders

# **Description**

CARF-accredited organizations continually focus on the expectations of the persons served and other stakeholders. The standards in this subsection direct the organization's focus to soliciting, collecting, analyzing, and using input from all stakeholders to create services that meet or exceed the expectations of the persons served, the community, and other stakeholders.

# **Key Areas Addressed**

- Collection of input from persons served, personnel, and other stakeholders
- Integration of input into business practices and planning

#### Recommendations

There are no recommendations in this area.

# 1.E. Legal Requirements

# **Description**

CARF-accredited organizations comply with all legal and regulatory requirements.

# **Key Areas Addressed**

- Compliance with obligations
- Response to legal action
- Confidentiality and security of records

#### Recommendations



# 1.F. Financial Planning and Management

# **Description**

CARF-accredited organizations strive to be financially responsible and solvent, conducting fiscal management in a manner that supports their mission, values, and performance objectives. Fiscal practices adhere to established accounting principles and business practices. Fiscal management covers daily operational cost management and incorporates plans for long-term solvency.

# **Key Areas Addressed**

- Budgets
- Review of financial results and relevant factors
- Fiscal policies and procedures
- Reviews of bills for services and fee structures, if applicable
- Review/audit of financial statements
- Safeguarding funds of persons served, if applicable

#### Recommendations

1.F.10.g.

1.F.10.h.

1.F.10.i.

If the organization takes responsibility for the funds of the persons served, it is recommended that it implement written procedures that address how account reconciliations will be provided to the persons served at least monthly, how funds will be promptly and accurately returned to the persons served upon their transition or discharge from the program, and communication of these procedures to the persons served.

# 1.G. Risk Management

# Description

CARF-accredited organizations engage in a coordinated set of activities designed to control threats to their people, property, income, goodwill, and ability to accomplish goals.

# **Key Areas Addressed**

- Risk management plan implementation and periodic review
- Adequate insurance coverage
- Media relations and social media procedures
- Reviews of contract services

#### Recommendations

#### 1 G 4 d

If any of the services delivered by the program seeking accreditation are provided under contract with another organization or individual, documented reviews of the contracted services should be performed at least annually.

# 1.H. Health and Safety

# **Description**

CARF-accredited organizations maintain healthy, safe, and clean environments that support quality services and minimize risk of harm to persons served, personnel, and other stakeholders.



# **Key Areas Addressed**

- Healthy and safe environment
- Competency-based training on health and safety procedures and practices
- Emergency and evacuation procedures
- Access to first aid and emergency information
- Critical incidents
- Infections and communicable diseases
- Health and safety inspections

# Recommendations

There are no recommendations in this area.

# 1.I. Workforce Development and Management

# **Description**

CARF-accredited organizations demonstrate that they value their human resources and focus on aligning and linking human resources processes, procedures, and initiatives with the strategic objectives of the organization. Organizational effectiveness depends on the organization's ability to develop and manage the knowledge, skills, abilities, and behavioral expectations of its workforce. The organization describes its workforce, which is often composed of a diverse blend of human resources. Effective workforce development and management promote engagement and organizational sustainability and foster an environment that promotes the provision of services that center on enhancing the lives of persons served.

# **Key Areas Addressed**

- Composition of workforce
- Ongoing workforce planning
- Verification of backgrounds/credentials/fitness for duty
- Workforce engagement and development
- Performance appraisals
- Succession planning

#### Recommendations

There are no recommendations in this area.

# 1.J. Technology

# **Description**

Guided by leadership and a shared vision, CARF-accredited organizations are committed to exploring and, within their resources, acquiring and implementing technology systems and solutions that will support and enhance:

- Business processes and practices.
- Privacy and security of protected information.
- Service delivery.
- Performance management and improvement.
- Satisfaction of persons served, personnel, and other stakeholders.



#### **Key Areas Addressed**

- Ongoing assessment of technology and data use, including input from stakeholders
- Technology and system plan implementation and periodic review
- Technology policies and procedures

#### Recommendations

There are no recommendations in this area.

# 1.K. Rights of Persons Served

# **Description**

CARF-accredited organizations protect and promote the rights of all persons served. This commitment guides the delivery of services and ongoing interactions with the persons served.

# **Key Areas Addressed**

- Policies that promote rights of persons served
- Communication of rights to persons served
- Formal complaints by persons served

#### Recommendations

There are no recommendations in this area.

# 1.L. Accessibility

#### **Description**

CARF-accredited organizations promote accessibility and the removal of barriers for the persons served and other stakeholders.

# **Key Areas Addressed**

- Assessment of accessibility needs and identification of barriers
- Accessibility plan implementation and periodic review
- Requests for reasonable accommodations

#### Recommendations

There are no recommendations in this area.

# 1.M. Performance Measurement and Management

#### **Description**

CARF-accredited organizations demonstrate a culture of accountability by developing and implementing performance measurement and management plans that produce information an organization can act on to improve results for the persons served, other stakeholders, and the organization itself.



The foundation for successful performance measurement and management includes:

- Leadership accountability and support.
- Mission-driven measurement.
- A focus on results achieved for the persons served.
- Meaningful engagement of stakeholders.
- An understanding of extenuating and influencing factors that may impact performance.
- A workforce that is knowledgeable about and engaged in performance measurement and management.
- An investment in resources to implement performance measurement and management.
- Measurement and management of business functions to sustain and enhance the organization.

# **Key Areas Addressed**

- Leadership accountability for performance measurement and management
- Identification of gaps and opportunities related to performance measurement and management
- Input from stakeholders
- Performance measurement and management plan
- Identification of objectives and performance indicators for service delivery
- Identification of objectives and performance indicators for priority business functions
- Personnel training on performance measurement and management

#### Recommendations

There are no recommendations in this area.

# 1.N. Performance Improvement

# **Description**

CARF-accredited organizations demonstrate a culture of performance improvement through their commitment to proactive and ongoing review, analysis, reflection on their results in both service delivery and business functions, and transparency. The results of performance analysis are used to identify and implement data-driven actions to improve the quality of programs and services and to inform decision making. Performance information that is accurate and understandable to the target audience is shared with persons served, personnel, and other stakeholders in accordance with their interests and needs.

# **Key Areas Addressed**

- Analysis of service delivery performance
- Analysis of business function performance
- Identification of areas needing performance improvement
- Implementation of action plans
- Use of performance information to improve program/service quality and make decisions
- Communication of performance information

#### Recommendations



# **Section 2. General Program Standards**

# **Description**

For an organization to achieve quality services, the persons served are active participants in the planning, prioritization, implementation, and ongoing evaluation of the services offered. A commitment to quality and the involvement of the persons served span the entire time that the persons served are involved with the organization. The service planning process is individualized, establishing goals and objectives that incorporate the unique strengths, needs, abilities, and preferences of the persons served. The persons served have the opportunity to transition easily through a system of care.

# 2.A. Program/Service Structure

# **Description**

A fundamental responsibility of the organization is to provide a comprehensive program structure. The staffing is designed to maximize opportunities for the persons served to obtain and participate in the services provided.

# **Key Areas Addressed**

- Written program plan
- Crisis intervention provided
- Medical consultation
- Services relevant to diversity
- Assistance with advocacy and support groups
- Team composition/duties
- Relevant education
- Clinical supervision
- Family participation encouraged

#### Recommendations

#### 2.A.14.b.(2)

The organization's written policy documents addressing seclusion and restraint do not clearly state the organization's practice of not using restraint in each accredited program. It is recommended that the organization expand and implement a policy for each program that identifies whether restraints are used. It is suggested that the written policies be edited to more clearly identify whether or not seclusion and/or restraint practices are used in each accredited program.

#### Consultation

- While each program description identifies transition and discharge criteria, it is suggested that, during an annual program review, program descriptions be edited to include more clarity and examples of transition criteria, which complement but are different from exit or discharge criteria.
- Program descriptions are well written and identify best practices and evidence-based practices used in
  providing services. As program descriptions are reviewed, it is suggested that written program descriptions
  be edited to include more content and information about the best practices models used in each accredited
  program.



# 2.B. Screening and Access to Services

# **Description**

The process of screening and assessment is designed to determine a person's eligibility for services and the organization's ability to provide those services. A person-centered assessment process helps to maximize opportunities for the persons served to gain access to the organization's programs and services. Each person served is actively involved in, and has a significant role in, the assessment process. Assessments are conducted in a manner that identifies the historical and current information of the person served as well as the person's strengths, needs, abilities, and preferences. Assessment data may be gathered through various means, including face-to-face contact, telehealth, or written material, and from various sources, including the person served, family, or significant others, or from external resources.

# **Key Areas Addressed**

- Screening process described in policies and procedures
- Ineligibility for services
- Admission criteria
- Orientation information provided regarding rights, grievances, services, fees, etc.
- Waiting list
- Primary and ongoing assessments
- Reassessments

#### Recommendations

There are no recommendations in this area.

#### Consultation

• In assessments for children and adolescents, when screening for suicide risk, the organization could consider complementing the use of one standardized assessment tool, which is normed for adolescents and adults, with the use of another standardized assessment tool, which is more specifically normed for children and adolescents ages ten to 20.

# 2.C. Person-Centered Planning

# **Description**

Each person served is actively involved in and has a significant role in the person-centered planning process and determining the direction of the plan. The person-centered plan contains goals and objectives that incorporate the unique strengths, needs, abilities, and preferences of the person served, as well as identified challenges and potential solutions. The planning process is person-directed and person-centered. The person-centered plan may also be referred to as an individual service plan, treatment plan, or plan of care. In a family-centered program, the plan may be for the family and identified as a family-centered plan.

# **Key Areas Addressed**

- Person-centered planning process
- Co-occurring disabilities/disorders
- Person-centered goals and objectives
- Designated person coordinates services

#### Recommendations



# 2.D. Transition/Discharge

# **Description**

Transition, continuing care, or discharge planning assists the persons served to move from one level of care to another within the organization or to obtain services that are needed but are not available within the organization. The transition process is planned with the active participation of each person served. Transition may include planned discharge, placement on inactive status, movement to a different level of service or intensity of contact, or a re-entry program in a criminal justice system.

The transition plan is a document developed with and for the person served and other interested participants to guide the person served in activities following transition/discharge to support the gains made during program participation. It is prepared with the active participation of the person served when transitioning to another level of care, after-care program, or community-based services. The transition plan is meant to be a plan that the person served uses to identify the support that is needed to prevent a recurrence of symptoms or reduction in functioning. It is expected that the person served receives a copy of the transition plan.

A discharge summary is a clinical document written by the program personnel who are involved in the services provided to the person served and is completed when the person leaves the organization (planned or unplanned). It is a document that is intended for the record of the person served and released, with appropriate authorization, to describe the course of services that the organization provided and the response by the person served.

Just as the assessment is critical to the success of treatment, the transition services are critical for the support of the individual's ongoing recovery or well-being. The organization proactively attempts to connect the persons served with the receiving service provider and contact the persons served after formal transition or discharge to gather needed information related to their post-discharge status. Discharge information is reviewed to determine the effectiveness of its services and whether additional services were needed.

Transition planning may be included as part of the person-centered plan. The transition plan and/or discharge summary may be a combined document or part of the plan for the person served as long as it is clear whether the information relates to transition or pre-discharge planning or identifies the person's discharge or departure from the program.

# **Key Areas Addressed**

- Referral or transition to other services
- Active participation of persons served
- Transition planning at earliest point
- Unplanned discharge referrals
- Plan addresses strengths, needs, abilities, preferences
- Follow up for persons discharged for aggressiveness

# Recommendations

There are no recommendations in this area.

# Consultation

• While the transition/discharge plans can be one form, it is suggested that the program delineate more clearly when the transition plan starts, what program the person served is transitioning to, and that they have been given a copy of the transition plan.



# 2.E. Medication Use

# **Description**

Medication use is the practice of controlling, administering, and/or prescribing medications to persons served in response to specific symptoms, behaviors, or conditions for which the use of medications is indicated and deemed efficacious. The use of medication is one component of treatment directed toward maximizing the functioning of the persons served while reducing their specific symptoms. Prior to the use of medications, other therapeutic interventions should be considered, except in circumstances that call for a more urgent intervention.

Medication use includes all prescribed medications, whether or not the program is involved in prescribing, and may include over-the-counter or alternative medications. Alternative medications can include herbal or mineral supplements, vitamins, homeopathic remedies, hormone therapy, or culturally specific treatments.

Medication control is identified as the process of physically controlling, storing, transporting, and disposing of medications, including those self-administered by the person served.

Medication administration is the preparing and giving of prescription and nonprescription medications by authorized and trained personnel to the person served. Self-administration is the application of a medication (whether by oral ingestion, injection, inhalation, or other means) by the person served to the individual's own body. This may include the program storing the medication for the person served, personnel handing the bottle or prepackaged medication dose to the person served, instructing or verbally prompting the person served to take the medication, coaching the person served through the steps to ensure proper adherence, and/or closely observing the person served self-administering the medication.

Prescribing is the result of an evaluation that determines if there is a need for medication and what medication is to be used in the treatment of the person served. Prior to providing a prescription for medication, the prescriber obtains the informed consent of the individual authorized to consent to treatment and, if applicable, the assent of the person served. Prescription orders may be verbal or written and detail what medication should be given to whom, in what formulation and dose, by what route, when, how frequently, and for what length of time.

# **Key Areas Addressed**

- Scope of medication services provided by the program(s) seeking accreditation
- Education and training provided to direct service personnel at orientation and at least annually
- Education and training provided to persons served, family members, and others identified by the persons served, in accordance with identified needs
- Written procedures that address medication control, administration, and/or prescribing, as applicable to the program
- Use of treatment guidelines and protocols to promote prescribing consistent with standards of care, if applicable to the program
- Peer review of prescribing practices, if applicable to the program

# Recommendations

There are no recommendations in this area.

# 2.G. Records of the Persons Served

# **Description**

A complete and accurate record is developed to ensure that all appropriate individuals have access to relevant clinical and other information regarding each person served.



#### **Key Areas Addressed**

- Confidentiality
- Timeframes for entries to records
- Individual record requirements
- Duplicate records

#### Recommendations

There are no recommendations in this area.

# 2.H. Quality Records Management

# **Description**

The organization implements systems and procedures that provide for the ongoing monitoring of the quality, appropriateness, and utilization of the services provided. This is largely accomplished through a systematic review of the records of the persons served. The review assists the organization in improving the quality of services provided to each person served.

# **Key Areas Addressed**

- Quarterly professional review
- Review current and closed records
- Items addressed in quarterly review
- Use of information to improve quality of services

#### Recommendations

There are no recommendations in this area.

#### Consultation

• The organization might consider labeling its record review tool to specify which indicators address the quality of service delivery, appropriateness of services, and patterns of service utilization.

# 2.I. Service Delivery Using Information and Communication Technologies

#### **Description**

Depending on the type of program, a variety of terminology may be used to describe the use of information and communication technologies to deliver services; e.g., telepractice, telehealth, telemental health, telerehabilitation, telespeech, etc. Based on the individual plan for the person served, the use of information and communication technologies allows providers to see, hear, and/or interact with persons served, family/support system members, and other providers in or from remote settings (i.e., the person served and provider are not in the same physical location).



The provision of services via information and communication technologies may:

- Include services such as assessment, individual planning, monitoring, prevention, intervention, team and family conferencing, transition planning, follow-up, supervision, education, consultation, and counseling.
- Involve a variety of providers such as case managers/service coordinators, social workers, psychologists, speech-language pathologists, occupational therapists, physical therapists, physicians, nurses, dieticians, employment specialists, direct support professionals, peer support specialists, rehabilitation engineers, assistive technologists, teachers, and other personnel providing services and/or supports to persons served.
- Encompass settings such as:
  - Hospitals, clinics, professional offices, and other organization-based settings.
  - Schools, work sites, libraries, community centers, and other community settings.
  - Congregate living, individual homes, and other residential settings.
- Be provided via fully virtual platforms.

The use of technology for strictly informational purposes, such as having a website that provides information about the programs and services available or the use of self-directed apps, is not considered providing services via the use of information and communication technologies.

# **Key Areas Addressed**

- Written procedures for the use of information and communication technologies (ICT) in service delivery
- Personnel training on how to deliver services via ICT and the equipment used
- Instruction and training for persons served, family/support system members, and others.
- Provision of information related to ICT
- Maintenance of ICT equipment
- Emergency procedures that address unique aspects of service delivery via ICT
- Scope of ICT services

#### Recommendations

There are no recommendations in this area.

#### Consultation

• Although the organization currently provides verbal instruction/training on equipment used in service delivery, it might consider developing a card that can be distributed or adding information to its telehealth consent form that describes how the person served or their family/supports can get more information on features, setup, use, maintenance, safety considerations, infection control, troubleshooting, and appropriate environments to receive services.

# Section 3. Core Treatment Program Standards

# **Description**

The standards in this section address the unique characteristics of each type of core program area. Behavioral health programs are organized and designed to provide services for persons who have or who are at risk of having psychiatric disorders, harmful involvement with alcohol or other drugs, or other addictions or who have other behavioral health needs. Through a team approach, and with the active and ongoing participation of the persons served, the overall goal of each program is to improve the quality of life and the functional abilities of the persons served. Each program selected for accreditation demonstrates cultural competency and relevance. Family members and significant others are involved in the programs of the persons served as appropriate and to the extent possible.



# 3.A. Assertive Community Treatment (ACT)

# **Description**

Assertive Community Treatment (ACT) is a multidisciplinary team approach that assumes responsibility for directly providing acute, active, and ongoing community-based psychiatric treatment, assertive outreach, rehabilitation, and support. The program team provides assistance to individuals to maximize their recovery, ensure consumer-directed goal setting, assist the persons served to gain hope and a sense of empowerment, and provide assistance in helping the persons served become respected and valued members of their community. The program provides psychosocial services directed primarily to adults with severe and persistent mental illness who often have co-occurring problems, such as substance use, or are homeless or involved with the judicial system.

The team is the single point of clinical responsibility and is accountable for assisting the persons served to meet their needs and to achieve their goals for recovery. Multiple members of the team are familiar with each person served to ensure the timely and continuous provision of services. Services are provided on a long-term care basis with continuity of caregivers over time. The majority of services are provided directly by ACT team members, with minimal referral to outside providers, in the natural environment of the person served and are available 24 hours a day, 7 days per week. Services are comprehensive and highly individualized and are modified as needed through an ongoing assessment and treatment planning process. Services vary in intensity based on the needs of the persons served.

ACT has been identified as an effective model for providing community-based services for persons whose needs and goals have not been met through traditional office-based treatment and rehabilitation services. Desired outcomes specific to ACT services may include positive change in the following areas: community tenure, independent living, quality of life, consumer satisfaction of the person served, functioning in work and social domains, community integration, psychological condition, subjective well-being, and the ability of the persons served to manage their own healthcare.

In certain geographic areas, ACT programs may be called Community Support programs, Intensive Community Treatment programs, Mobile Community Treatment Teams, or Assertive Outreach Teams.

# **Key Areas Addressed**

- Composition of ACT team and ratio of staff members/persons served
- Medication management
- Provision of crisis intervention, case management, and community integration services
- Assertive outreach and engagement of ACT team with persons served primarily in community settings

#### Recommendations

There are no recommendations in this area.

#### Consultation

• It is suggested that the program description of the ACT program be edited to include a statement of the strong fidelity maintained by the ACT team to the ACT model, potentially better identifying the program itself as a quality practice.



# 3.B. Case Management/Services Coordination (CM)

# **Description**

Case management/services coordination programs provide goal-oriented and individualized supports focusing on improved self-sufficiency for the persons served through assessment, planning, linkage, advocacy, coordination, and monitoring activities. Successful service coordination results in community opportunities and increased independence for the persons served. Programs may provide occasional supportive counseling and crisis intervention services, when allowed by regulatory or funding authorities.

Case management/services coordination may be provided by an organization as part of its person-centered planning and delivery, by a department or division within the organization that works with individuals who are internal and/or external to the organization, or by an organization with the sole purpose of providing case management/services coordination. Such programs are typically provided by qualified case managers/coordinators or by case management teams.

Organizations performing case management/services coordination as a routine function of other services or programs are not required to apply these standards unless they are specifically seeking accreditation for this program.

# **Key Areas Addressed**

- Personnel who are knowledgeable about appropriate services and relevant support systems
- Optimization of resources and opportunities for persons served
- Provision of or linkage to skill development services related to performing ADL activities

# Recommendations

There are no recommendations in this area.

# 3.E. Crisis Programs (CP)

# **Description**

Crisis programs include a continuum of services designed to rapidly respond to the needs of persons experiencing acute emotional, mental health, and/or substance use crises in order to keep them safe, seek to resolve the crisis, and maintain community tenure. Crisis response, depending on the immediate needs and preferences of the persons served, may be managed through a crisis contact center, a crisis intervention program that might include mobile crisis intervention services, or admission to a crisis stabilization program.

# **Key Areas Addressed**

**Crisis Intervention Programs:** 

- Services are available 24 hours a day, 7 days a week
- Assessment and immediate stabilization of acute symptoms
- Timely engagement
- Telephone and face-to-face crisis assessment
- Crisis intervention plan
- Qualified behavioral health practitioners are available 24 hours a day, 7 days a week
- Mobile services provision

#### Recommendations



# 3.H. Health Home (HH)

# **Description**

A health home is a healthcare delivery approach that focuses on the whole person and integrates and coordinates primary care, behavioral health, other healthcare, and community and social support services. A health home allows for individual choice and is capable of assessing the various physical and behavioral health needs of persons served. The program demonstrates the capacity to address, either directly or through linkage with or referral to external resources, behavioral health conditions, such as mental illness and substance use disorders, and physical health conditions. Programs may also serve persons who have intellectual or other developmental disabilities and physical health needs or those who are at risk for or exhibiting behavioral disorders. Care is coordinated over time across providers, functions, activities, and sites to maximize the value and effectiveness of services delivered to persons served.

A health home provides comprehensive care management, care coordination, health promotion, comprehensive transitional care, individual and family/support services, and linkage and referral to community and social support services. Services are designed to support overall health and wellness and:

- Embody a recovery-focused model of care that respects and promotes independence and responsibility.
- Promote healthy lifestyles and provide prevention and education services that focus on wellness and self-care.
- Ensure access to and coordination of care across prevention, primary care (including ensuring that persons served have a primary care physician), and specialty healthcare services.
- Monitor critical health indicators.
- Support individuals in the self-management of chronic health conditions.
- Coordinate/monitor emergency room visits and hospitalizations, including participation in transition/discharge planning and follow-up.

A health home collects, aggregates, and analyzes individual healthcare data across the population of persons served by the program and uses that data and analysis to manage and improve outcomes for the persons served. If the health home is not the actual provider of a particular healthcare service, it remains responsible for supporting and facilitating improved outcomes by providing disease management supports and care coordination with other providers.

# **Key Areas Addressed**

- Comprehensive care management
- Health assessment
- Utilization of health records/patient registries
- Program accessibility
- Education and training, including cross training of personnel
- The program measures: medical status, behavioral health status, and functional outcomes

# Recommendations



# 3.K. Intensive Family-Based Services (IFB)

# **Description**

These intensive services are provided in a supportive and interactive manner and directed toward maintaining or restoring a positive family relationship. The services are time limited and are initially intensive, based on the needs of the family. The services demonstrate a multisystemic approach to treatment and have a goal of keeping families together. The services may include wraparound and family preservation programs. The program may also provide services directed toward family restoration when a child has been in an out-of-home placement.

# **Key Areas Addressed**

- Services designed to prevent out-of-home placement
- Family assessments
- Child- and family-centered planning
- Contingency planning

#### Recommendations

There are no recommendations in this area.

# 3.N. Outpatient Treatment (OT)

# **Description**

Outpatient treatment programs provide culturally and linguistically appropriate services that include, but are not limited to, individual, group, and family counseling and education on wellness, recovery, and resiliency. These programs offer comprehensive, coordinated, and defined services that may vary in level of intensity. Outpatient programs may address a variety of needs, including, but not limited to, situational stressors, family relations, interpersonal relationships, mental health issues, life span issues, psychiatric illnesses, and substance use disorders and other addictive behaviors.

# **Key Areas Addressed**

- Therapy services
- Education on wellness, recovery, and resiliency
- Accessible services
- Creation of natural supports

#### Recommendations

There are no recommendations in this area.

# **Section 4. Core Support Program Standards**

# **Description**

The standards in this section address the unique characteristics of each type of core program area. Behavioral health programs are organized and designed to provide services for persons who have or who are at risk of having psychiatric disorders, harmful involvement with alcohol or other drugs, or other addictions or who have other behavioral health needs. Through a team approach, and with the active and ongoing participation of the persons



served, the overall goal of each program is to improve the quality of life and the functional abilities of the persons served. Each program selected for accreditation demonstrates cultural competency and relevance. Family members and significant others are involved in the programs of the persons served as appropriate and to the extent possible.

# 4.C. Community Housing (CH)

# **Description**

Community housing addresses the desires, goals, strengths, abilities, needs, health, safety, and life span issues of the persons served, regardless of the home in which they live and/or the scope, duration, and intensity of the services they receive. The residences in which services are provided may be owned, rented, leased or operated directly by the organization, or a third party, such as a governmental entity. Providers exercise control over these sites.

Community housing is provided in partnership with individuals. These services are designed to assist the persons served to achieve success in and satisfaction with community living. They may be temporary or long term in nature. The services are focused on home and community integration and engagement in productive activities. Community housing enhances the independence, dignity, personal choice, and privacy of the persons served. For persons in alcohol and other drug programs, these services are focused on providing sober living environments to increase the likelihood of sobriety and abstinence and to decrease the potential for relapse.

Community housing programs may be referred to as recovery homes, transitional housing, sober housing, domestic violence or homeless shelters, safe houses, group homes, or supervised independent living. These programs may be located in rural or urban settings and in houses, apartments, townhouses, or other residential settings owned, rented, leased, or operated by the organization. They may include congregate living facilities and clustered homes/apartments in multiple-unit settings. These residences are often physically integrated into the community, and every effort is made to ensure that they approximate other homes in their neighborhoods in terms of size and number of residents.

Community housing may include either or both of the following:

- Transitional living that provides interim supports and services for persons who are at risk of institutional placement, persons transitioning from institutional settings, or persons who are homeless. Transitional living can be offered in apartments or homes, or in congregate settings that may be larger than residences typically found in the community.
- Long-term housing that provides stable, supported community living or assists the persons served to obtain and maintain safe, affordable, accessible, and stable housing.

# **Key Areas Addressed**

- Safe, secure, private location
- Support to persons as they explore alternatives
- In-home safety needs
- Access as desired to community activities
- Options to make changes in living arrangements
- System for on-call availability of personnel

#### Recommendations



# 4.H. Supported Living (SL)

# **Description**

Supported living addresses the desires, goals, strengths, abilities, needs, health, safety, and life span issues of persons living in their own homes (apartments, townhouses, or other residential settings). Supported living services are generally long term in nature, but may change in scope, duration, intensity, or location as the needs and preferences of individuals change over time.

Supported living refers to the support services provided to the person served, not the residence in which these services are provided. A sample of these sites will be visited as part of the interview process of the person served. Although the residence will generally be owned, rented, or leased by the person who lives there, the organization may occasionally rent or lease an apartment when the person served is unable to do so. Typically, in this situation the organization would co-sign or in other ways guarantee the lease or rental agreement; however, the person served would be identified as the tenant.

# **Key Areas Addressed**

- Person-centered
- Education and wellness, recovery, and resiliency
- Independence and self-determination
- Education on health and safety

#### Recommendations

There are no recommendations in this area.

# Section 5. Specific Population Designation Standards

# 5.C. Children and Adolescents (CA)

# **Description**

Programs for children and adolescents consist of an array of behavioral health services designed specifically to address the treatment needs of children and adolescents. Such programs tailor their services to the particular needs and preferences of children and adolescents and are provided in a setting that is both relevant to and comfortable for this population.

# **Key Areas Addressed**

- Comprehensive assessments
- Services based on needs of child
- Criminal background checks for staff providing direct services

# Recommendations



# 5.H. Medically Complex (MC)

# **Description**

Medically complex standards are applied to programs that serve a specific population of persons who have a serious ongoing illness or a chronic condition that meets at least one of the following criteria:

- Has lasted or is anticipated to last at least 12 months.
- Has required at least one month of hospitalization.
- Requires daily ongoing medical treatments and monitoring by appropriately trained personnel, which may include parents or other family members.
- Requires the routine use of a medical device or the use of assistive technology to compensate for the loss of usefulness of a body function needed to participate in activities of daily living.
- The medically complex condition of the person served presents an ongoing threat to the person's health status.

These standards consider the individual's overall medical condition, including acuity, stability, impairments, activity limitations, participation restrictions, psychological status, behavioral status, placement, and long-term outcomes expectations. Appropriate medical consultation occurs specific to each person served in addition to medical consultation related to policies and procedures.

Services to persons with medically complex conditions can be provided in a variety of settings and are not necessarily exclusive programs that serve only this particular population. The services within the program are designed based on the needs, desires, and expectations of the persons served and their legal guardian/caregivers to maximize the ability to function effectively within their family (or placement), school, and/or community environments and to achieve and maintain an optimal state of health to enhance their quality of life. The services provided also consider any culturally specific issues relevant to the individual and family/caregivers as appropriate. The service plan supports all transitions in the person's life and is changed as necessary to meet the person's identified needs as well as the needs of the family/caregivers.

Some examples of the quality results desired by the different stakeholders of these services include:

- Development of an effective and efficient network of community support services, including access to therapies, medical supports, and guidance.
- Satisfying and meaningful relationships.
- Achievement of goals in health, education, and activities of daily living.
- Being able to choose and pursue meaningful activities in the least restrictive environment possible to achieve personal satisfaction in life activities.
- Maintenance of health and well-being.
- Restored or improved functioning.
- Enhanced quality of life.
- Personal and family development.
- Transitions between levels of care or transition to independence.
- End-of-life services and supports for the person, family/caregiver, legal guardian, and/or other significant persons in the individual's life to assist with meaningful closures.

# **Key Areas Addressed**

- Involvement of medical healthcare professionals
- Philosophy of health and wellness
- Inclusion of medical needs in assessments and plan of care
- End-of-life planning
- Personnel competencies
- Living environment



#### Recommendations

There are no recommendations in this area.

2024 Employment and Community Services standards were also applied during this survey. The following sections of this report reflect the application of those standards.

# Section 2. Quality Individualized Services and Supports

# **Description**

For an organization to achieve quality services, the persons served are active participants in the planning, implementation, and ongoing review and revision of the services offered. The organization's commitment to quality and the involvement of the persons served spans the entire time that the persons served are involved with services. The service planning process is individualized, establishing goals and measurable objectives that incorporate the unique strengths, abilities, needs, and preferences of the persons served. Services are responsive to the expectations of persons served and their desired outcomes from services, and are relevant to their maximum participation in the environments of their choice.

# 2.A. Program/Service Structure

# Description

A fundamental responsibility of the organization is to provide a comprehensive program structure. The staffing is designed to maximize opportunities for the persons served to obtain and participate in the services provided.

# **Key Areas Addressed**

- Services are person centered and individualized
- Persons are given information about the organization's purposes and ability to address desired outcomes
- Documented scope of services shared with stakeholders
- Service delivery based on accepted field practices
- Communication for effective service delivery
- Entrance/exit/transition criteria

#### Recommendations

# 2.A.17.b.(2)

The organization's written policy documenting the use of restraint does not clearly state the organization's practice of not using restraint in each accredited program. It is recommended that the organization expand and implement a policy for each program that identifies whether or not, and under what circumstances, restraint is used. It is suggested that the written policies be edited to more clearly identify whether restraint practices are being used in each accredited program.



# 2.B. Individual-Centered Service Planning, Design, and Delivery

# **Description**

Improvement of the quality of an individual's services/supports requires a focus on the person and/or family served and their identified strengths, abilities, needs, and preferences. The organization's services are designed around the identified needs and desires of the persons served, are responsive to their expectations and desired outcomes from services, and are relevant to their maximum participation in the environments of their choice.

The person served participates in decision making, directing, and planning that affect the person's life. Efforts to include the person served in the direction or delivery of those services/supports are evident.

# **Key Areas Addressed**

- Services are person centered and individualized
- Persons are given information about the organization's purposes and ability to address desired outcomes

#### Recommendations

There are no recommendations in this area.

# 2.D. Employment Services Principle Standards

# **Description**

An organization seeking CARF accreditation in the area of employment services provides individualized services and supports to achieve identified employment outcomes. The array of services and supports may include:

- Identification of employment opportunities and resources in the local job market.
- Development of viable work skills that match workforce needs within the geographic area.
- Development of realistic employment goals.
- Establishment of service plans to achieve employment outcomes.
- Identification of resources and supports to achieve and maintain employment.
- Coordination of and referral to employment-related services and supports.

The organization maintains its strategic positioning in the employment sector of the community by designing and continually improving its services based on input from the persons served and from employers in the local job market, and managing results of the organization's outcomes management system. The provision of quality employment services requires a continuous focus on the persons served and the personnel needs of employers in the organization's local job market.

Some examples of the quality results desired by the different stakeholders of these services and supports include:

- Individualized, appropriate accommodations.
- A flexible, interactive process that involves the person.
- Increased independence.
- Increased employment options.
- Timely services and reports.
- Persons served obtain and maintain employment consistent with their preferences, strengths, and needs.
- Person served obtains a job at minimum wage or higher and maintains appropriate benefits.
- Person served maintains the job.



# **Key Areas Addressed**

- Goals of the persons served
- Community resources available
- Personnel needs of local employers
- Economic trends in the local employment sector

#### Recommendations

There are no recommendations in this area.

# Section 3. Employment Services

# **Description**

An organization seeking CARF accreditation in the area of employment services assists the persons served through an individualized person-centered process to obtain access to the services, supports, and resources of their choice to achieve their desired outcomes. This may be accomplished by direct service provision, linkages to existing generic opportunities and natural supports in the community, or any combination of these. The persons served are included in their communities to the degree they desire.

The organization provides the persons served with information so that they may make informed choices and decisions. Although we use the phrase person served, this may also include family served, as appropriate to the service and the individual.

The services and supports are arranged and changed as necessary to meet the identified desires of the persons served. Service designs address identified individual, family, socioeconomic, and cultural preferences.

Depending on the program's scope of services, expected results from these services/supports may include:

- Increased inclusion in community activities.
- Increased self-direction, self-determination, and self-reliance.
- Self-esteem.
- Community citizenship.
- Increased independence.
- Meaningful activities.
- Increased employment options.
- Employment obtained and maintained.
- Competitive employment.
- Employment at or above minimum wage.
- Economic self-sufficiency.
- Employment with benefits.
- Career advancement.

# 3.G. Community Employment Services (CES)

# Description

Community employment services assist persons to obtain successful community employment opportunities that are responsive to their choices and preferences. Through a strengths-based approach, the program provides person-directed services/supports to individuals to choose, achieve, and maintain employment in integrated community employment settings.



Work is a fundamental part of adult life. Individually tailored job development, training, and support recognize each person's employability and potential contribution to the labor market. Persons are supported as needed through an individualized person-centered model of services to choose and obtain a successful employment opportunity consistent with their preferences, keep the employment, and find new employment if necessary or for purposes of career advancement.

Such services may be described as individualized competitive employment, individual placements, contracted temporary personnel services, competitive employment, supported employment, transitional employment, mobile work crews, contracted work groups in the community, community-based SourceAmerica® contracts, and other business-based work groups in community-integrated designs. In Canada, employment in the form of bona fide volunteer placements is possible.

Individuals may be paid by community employers or by the organization. Employment is in the community.

The following service categories are available under Community Employment Services:

- Job Development (CES:JD)
- Employment Supports (CES:ES)

If an organization provides only Job Development or Employment Supports, then it may be accredited for only that service. If it is providing both Job Development and Employment Supports, then it must seek accreditation for both.

Note: In making the determination of what an organization is actually providing in comparison to these service descriptions, these factors are considered: the mission of the services, the program descriptions, brochures and marketing image for these services, and the outcomes of the services.

Depending on the scope of the services provided, some examples of the quality outcomes desired by the different stakeholders of these services include:

- Persons obtain community employment.
- Persons obtain individualized competitive employment.
- Employment matches interests and desires of persons.
- Wages, benefits, and hours of employment achieved as desired.
- Average number of hours worked per week increases.
- Average number of hours worked per week meets the desires of the person served.
- Full-time employment with benefits.
- Transition-age youth move directly from their educational environment into community employment.
- Potential for upward mobility.
- Self-sufficiency.
- Integration.
- Responsive services.
- Safe working conditions.
- Cost-effective for placement achieved.
- Performance level achieved meets requirements of job or position.
- Increase in skills.
- Increase in productivity.
- Increase in hours worked.
- Increase in pay.
- Employment retention.
- Increase in natural supports from coworkers.
- Persons served treated with respect.
- Minimize length of time for supports.



- Type and amount of staff interaction meets needs.
- Employer satisfaction.
- Responsiveness to customers.

Job Development (CES:JD): Successful job development concurrently uses assessment information about the strengths and interests of the person seeking employment to target the types of jobs available from potential employers in the local labor market. Typical job development activities include reviewing local employment opportunities and developing potential employers/customers through direct and indirect promotional strategies. Job development may include facilitating a hiring agreement between an employer and a person seeking employment. Some persons seeking employment may want assistance at only a basic, informational level, such as support for a self-directed job search.

Employment Supports (CES:ES): Employment support services promote successful training of a person to a new job, job adjustment, retention, and advancement. These services are based on the individual employee with a focus on achieving long-term retention of the person in the job. The level of employment support services is individualized to each employee and the complexity of the job.

Often supports are intensive for the initial orientation and training of an employee with the intent of leading to natural supports and/or reduced external job coaching. However, some persons may not require any employment supports at the job site; others may require intensive initial training with a quick decrease in supports, while some will be most successful when long-term supports are provided.

Supports can include assisting the employee with understanding the job culture, industry practices, and work behaviors expected by the employer. It may also include helping the employer and coworkers to understand the support strategies and accommodations needed by the worker.

Supports are a critical element of the long-term effectiveness of community employment. Support services address issues such as assistance in training a person to complete new tasks, changes in work schedule or work promotion, a decrease in productivity of the person served, adjusting to new supervisors, and managing changes in nonwork environments or other critical life activities that may affect work performance. Routine follow-up with the employer and the employee is crucial to continued job success.

#### **Key Areas Addressed**

- Integrated employment choice
- Integrated employment obtainment
- Employment provided in regular business settings
- Integrated employment retention
- Provides career advancement resources

#### Recommendations



# Program(s)/Service(s) by Location

# **Northeast Michigan Community Mental Health Authority**

400 Johnson Street Alpena, MI 49707

Assertive Community Treatment: Mental Health (Adults)

Case Management/Services Coordination: Integrated: IDD/Mental Health (Adults)

Case Management/Services Coordination: Integrated: IDD/Mental Health (Children and Adolescents)

Case Management/Services Coordination: Mental Health (Adults)

Case Management/Services Coordination: Mental Health (Children and Adolescents)

Crisis Programs - Crisis Intervention: Mental Health (Adults)

Crisis Programs - Crisis Intervention: Mental Health (Children and Adolescents)

Health Home: Comprehensive Care (Medically Complex)

Intensive Family-Based Services: Mental Health (Children and Adolescents)

Outpatient Treatment: Mental Health (Adults)

Outpatient Treatment: Mental Health (Children and Adolescents) Supported Living: Integrated: IDD/Mental Health (Adults) Community Employment Services: Employment Supports Community Employment Services: Job Development

Governance Standards Applied

# **Brege Group Home**

Brege Drive

Rogers City, MI 49779

Community Housing: Integrated: IDD/Mental Health (Adults)

# **Cambridge Group Home**

Cambridge Street Alpena, MI 49707

Community Housing: Integrated: IDD/Mental Health (Adults)

#### **Greenhaven Home**

Greenhaven Lane Alpena, MI 49707

Community Housing: Integrated: IDD/Mental Health (Adults)

# **Harrisville Home**

West Main Street Harrisville, MI 48740

Community Housing: Integrated: IDD/Mental Health (Adults)

#### Mill Creek Group Home

Mill Creek Road Harrisville, MI 48740

Community Housing: Integrated: IDD/Mental Health (Adults)



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#### **NeMCMHA - Fletcher Street Office**

318 West Fletcher Street Alpena, MI 49707

Case Management/Services Coordination: Mental Health (Adults)

Case Management/Services Coordination: Mental Health (Children and Adolescents)

Community Employment Services: Employment Supports Community Employment Services: Job Development

#### **NeMCMHA - Hillman Office**

630 Caring Street Hillman, MI 49746

Case Management/Services Coordination: Integrated: IDD/Mental Health (Adults)

Case Management/Services Coordination: Integrated: IDD/Mental Health (Children and Adolescents)

Case Management/Services Coordination: Mental Health (Adults)

Outpatient Treatment: Mental Health (Adults)

Outpatient Treatment: Mental Health (Children and Adolescents)

Community Employment Services: Employment Supports Community Employment Services: Job Development

#### **NeMCMHA - Lincoln Office**

North Barlow Road Lincoln, MI 48741

Outpatient Treatment: Mental Health (Children and Adolescents)

# **NeMCMHA - Rogers City Office**

156 North Fourth Street Rogers City, MI 49779

Case Management/Services Coordination: Integrated: IDD/Mental Health (Adults)

Case Management/Services Coordination: Integrated: IDD/Mental Health (Children and Adolescents)

Case Management/Services Coordination: Mental Health (Adults)

Outpatient Treatment: Mental Health (Adults)

Outpatient Treatment: Mental Health (Children and Adolescents)

Community Employment Services: Employment Supports Community Employment Services: Job Development

#### **Pine Park Home**

Lake 15 Road Atlanta, MI 49709

Community Housing: Integrated: IDD/Mental Health (Adults)

#### **Princeton Group Home**

Princeton Avenue Alpena, MI 49707

Community Housing: Integrated: IDD/Mental Health (Adults)



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# **Thunder Bay Home**

Fairway Court Hillman, MI 49746

Community Housing: Integrated: IDD/Mental Health (Adults)



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