

UNDERSTANDING & TREATING EATING DISORDERS

PRESENTED BY

NORTHEAST
MICHIGAN
COMMUNITY
MENTAL HEALTH
AUTHORITY



WITH GAIL HALL, LMSW, CEDS-S

FRIDAY, OCTOBER 13, 2023 | 9:00 AM - 4:00 PM | IN-PERSON

@ ALPENA COMMUNITY COLLEGE GRANUM THEATRE

665 JOHNSON ST, ALPENA, MI 49707

6 SOCIAL WORK CE CREDITS

Eating disorders are present in a large portion of the population, but often go undetected and if left untreated, can exist in silence for years, leading to serious medical consequences and a less positive outcome once treatment is sought. Eating disorders have the 2nd highest mortality rate of any mental health disorder, second only to opioid abuse/overdose. It is vital for social workers and others in the Community Health System to recognize an eating disorder in the early stages of development; early assessment and intervention brings the best chance of lasting change. Our Diet Culture will be explored and Health at Every Size approach presented, with active audience participation.

TARGET AUDIENCE

Front Line/Support Staff, Social Workers, Counselors, and Psychologists (We welcome all community members!)

CONTENT LEVEL

Beginner to Advanced

COURSE DESCRIPTION

Understanding and Treating Eating Disorders is a short course in the proper diagnosis of eating disorders as categorized in the current DSM. Predisposing, precipitating, and perpetuating factors will be discussed. Assessment for medical risk and the decision process re: when to refer for a higher level of care will be shared. Outpatient treatment strategies for Anorexia, Bulimia, and Binge Eating Disorder will be taught.

COURSE OBJECTIVES & LEARNING OUTCOMES

- Participants will be able to accurately differentiate between the primary diagnostic groups for eating disorders.
- Participants will be able to describe the factors which contribute to the development of an eating disorder.
- Participants will learn at least two intervention strategies for each of the diagnostic groups.
- Participants will have a beginning understanding of likely medical consequences for the individual struggling, as well as how to assess for the need for a higher level of care.

[CLICK HERE TO REGISTER](#)
[OR SCAN THE QR CODE](#)



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AGENDA

- 9:00 AM – 10:00 AM Overview of Diagnosis Categories & Comorbidity
- 10:00 AM – 10:30 AM Medical Complications
- 10:30 AM – 11:00 AM Genetic (Predisposing) and Cultural (Precipitating) Factors
- 11:00 AM – 11:30 AM Screening for ED's at Intake; Assessing for Higher Level of Care
- 11:30 AM – 12:00 PM A New Paradigm – Health at Every Size

LUNCH BREAK

- 1:00 PM – 1:15 PM Brief Overview of Diagnosis Categories
- 1:15 PM – 2:00 PM Treatment Strategies for Anorexia Nervosa
- 2:00 PM – 3:00 PM Treatment Strategies for Bulimia Nervosa and Binge Eating Disorder
- 3:00 PM – 4:00 PM Family Treatment and Support

PRESENTER BIO

Gail Hall specialized in the treatment of eating disorders for her entire career. She worked in outpatient and inpatient settings before forming her own group practice of therapists and dietitians, Comprehensive Treatment for Eating Disorders, based in Grand Rapids, in 1998. In 2021 she sold her practice to Sanford Behavioral Health, an addiction treatment organization; together they created the first Residential Program in Michigan for individuals with eating disorders. She is now retired from clinical practice, but continues to speak, train, and supervise the next generation of ED specialists. Her non-profit organization, the Michigan Eating Disorders Alliance, is dedicated to increasing prevention efforts, advocacy work, and decreasing stigma for those with eating disorders.

If you have questions, need more information, or require special accommodations call or email Genny Grimshaw at (989) 358-7842 or ggrimshaw@nemcmh.org.

Space is limited. Registration closes Tuesday, October 10, 2023. Cancellation notice is appreciated.

FOR MORE INFO VISIT: WWW.NEMCMH.ORG/TRAINING

COURSE COMPLETION & CONTINUING EDUCATION INFORMATION:

Social workers must sign in/out of the training, attend the entire course, provide their license number, and complete a course evaluation to earn CE credit. You will receive your certificate within 30 days of course completion. Participants requesting credit must be registered for the event and have verified attendance and attend the entire training. **TO RECEIVE CE HOURS, YOU MUST COMPLETE THE EVALUATION!** None of the planners for this activity have relevant financial relationships to disclose with ineligible companies

Northeast Michigan Community Mental Health Authority (NeMCMHA), Provider #1767 is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continue Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. NeMCMHA maintains responsibility for this course. ACE provider approval period: 05/19/2022 – 05/19/2025. Social workers completing this course receive 6 social work continuing education credits.

For more information about NeMCMHA services and training opportunities, please visit: nemcmh.org. NeMCMHA is funded, in part, by the Michigan Department of Health and Human Services.