



# safeTALK

## Make a connection. Help save a life.

**Suicide is preventable. Anyone can make a difference.**

- Training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

### Who should take safeTALK?

safeTALK is designed for anyone age 15 or older. The steps learned in safeTALK have helped participants from all walks of life to be alert to situations where suicide thoughts may be present.

Most people thinking about suicide don't actually want to die, but they need help deciding to stay alive. You don't need any prior training to attend safeTALK—just a willingness to make a difference.

### Attend safeTALK and learn to:

- notice and respond to situations where suicide thoughts may be present
- recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss, and avoid suicide
- apply the TALK steps: Tell, Ask, Listen, KeepSafe
- know community resources and how to connect someone with thoughts of suicide for further help



## safeTALK

## Monday June 14

### 5:30 PM to 9:15 PM

Jordan Conference Room  
Presque Isle District Library  
181 E Erie St - Rogers City

\$10 fee to cover the cost of materials

#### To Register:

call Partners in Prevention at 356-2880 or 800-354-2880

Or email [ruth@nemcpi.org](mailto:ruth@nemcpi.org)

Give your name, phone number and age *if younger than 18.*

#### Mail payment to:

Partners in Prevention  
1600 W Chisholm St Ste C,  
Alpena MI 49707

For information email [mary@nemcpi.org](mailto:mary@nemcpi.org)



## LivingWorks