

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

POLICY & PROCEDURE MANUAL

[..Index.doc](#)

PERSONNEL
(Manual Section)

RECIPIENT RIGHTS: SECLUSION – POLICY 3836

Approval of Policy

Dated:

Original Inception Date:

January 11, 1996

Policy Last Reviewed:

June 17, 2024

Last Revision Approved:

July 27, 2015

•1 POLICY:

It is the policy of the Agency that staff shall not use seclusion on individuals served by the Agency. However, contracted inpatient facilities and child caring institutions may establish policy and procedures inclusive of seclusion. The Recipient Rights Officer will receive and review such policies and procedures for compliance with applicable state and federal rules and regulations.

•2 APPLICATION:

All employees, all individuals served, all programs or sites directly operated or under contract to the agency

•3 DEFINITIONS:

Seclusion: Temporary placement of an individual served in a room, alone, where egress is prevented by any means.

Quiet time / timeout: A voluntary response to the therapeutic suggestion to an individual served to remove himself or herself from a stressful situation in order to prevent a potentially hazardous outcome.

Therapeutic de-escalation: An intervention, the implementation of which is incorporated in the individualized written plan of service, wherein the individual served is placed in an area or room, accompanied by staff who shall therapeutically engage the individual served in behavioral de-escalation techniques and debriefing as to the cause and future prevention of the target behavior.

•4 CROSS-/REFERENCES:

Administrative Rules R 330.7001(q), 330.7243
Mental Health Code 330.1700(j), 330.1742(1), 330.1755(5)(a)(g)
42 CFR 482, 483

•5 FORMS AND EXHIBITS:

•6 PROCEDURE:

None