

2025 Mental Health Movement 2K | 5K | 10K Run-Walk

Age Group Results 5K

Place	Bib	Name	Nat.	Age	Club	Pace	ChipTime	GunTime
5K								
5K 11 & Under Female								
1.	734	Kaminski, Eva		11		10:05	31:20	31:32
2.	715	Gosselin, Alayna		10		10:07	31:28	31:28
3.	682	Shubert, Brighton		9		13:41	42:31	42:38
4.	642	Vercnocke, Lillian		11		13:58	43:26	43:40
5.	755	Krawczak, Scarlett		10		14:08	43:56	43:58
6.	634	Forsythe, Camila		2		15:21	47:42	47:59
7.	635	Forsythe, Marcella		2		15:21	47:44	47:59
8.	785	Dietzel, Libby		11		16:15	50:30	50:45
9.	741	Karklin, Zoey		11		16:24	50:59	51:14
10.	665	Allen, Alex		2		18:09	56:26	56:52
11.	671	Grush, Jemma		8		18:51	58:34	59:03
12.	746	Hoffman, Lilly		11		18:53	58:43	59:06
13.	749	Hoffman, Everly		4		18:54	58:46	59:06
14.	738	Morrow, Gwendalyn		5		26:49	1:23:21	1:23:54
5K 12 - 17 Female								
1.	752	Robbins, Kaydence		12		8:11	25:26	25:38
2.	727	Suszek, Harper		12		8:20	25:55	26:08
3.	739	Conboy, Penelope		14		8:28	26:20	26:21
4.	726	Morrison, Odessa		12		8:47	27:18	27:32
5.	753	Thornton, Taylor		12		8:47	27:20	27:33
6.	725	Schultz, Morgan		12		8:56	27:47	27:58
7.	783	Karsten, Lillian		12		10:04	31:19	31:32
8.	775	Eller, Katherine		16		11:58	37:11	37:18
9.	663	Stephan, Madison		15		12:11	37:51	38:00
10.	781	Werth, Amara		13		16:20	50:47	50:58
11.	657	Frantz, Jacquelyn		13		19:49	1:01:36	1:02:11
5K 18 - 29 Female								
1.	767	LeGault, Holle		28		10:46	33:30	33:37
2.	761	Bomar, Kalista		22		10:49	33:39	33:39
3.	613	Gonzales, Amiya		21		11:07	34:33	34:36
4.	636	Smith, Sierra		26		13:34	42:10	42:23
5.	692	Straley, Samantha		29		14:41	45:38	46:01
6.	770	Crandell, Emily		19		14:54	46:18	46:41
7.	625	Cleary, Charlie		29		15:03	46:48	46:55
8.	696	Johnson, Lexy		24		16:50	52:20	52:39
9.	632	Paczkowski, Brooke		25		17:51	55:30	55:54
10.	679	Parks, Kirsten		25		17:51	55:30	55:54
11.	652	Dobbyn, Kristen		26		18:09	56:25	56:51
12.	666	Allen, Morgan		26		18:16	56:48	56:48
13.	617	Rodriguez, Matiana		18		18:37	57:51	58:10
14.	744	Hoffman, Chase		28		18:54	58:46	59:05

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Place	Bib	Name	Nat.	Age	Club	Pace	ChipTime	GunTime
15.	627	Kaplan, Miranda		29		19:00	59:02	59:38
16.	620	Bartz, Monica		27		19:43	1:01:16	1:02:31

5K 30 - 44 Female

1.	740	Karklin, Nikki		35		7:31	23:24	23:49
2.	711	Conboy, Leah		44		8:29	26:22	26:22
3.	618	Treinen, Kat		33		8:30	26:26	26:35
4.	720	Dahleen, Rayce		42		8:59	27:57	28:01
5.	764	Zielaskowski, Holly		44		9:14	28:42	29:13
6.	702	Rodriguez, Amanda		32		9:23	29:10	29:10
7.	700	Peake, Cindy		33		9:23	29:10	29:10
8.	760	Decker, Brenna		35		9:44	30:17	30:18
9.	704	Hughes, Amy		33		11:12	34:50	35:01
10.	754	Ward, Maggie		38		11:27	35:37	35:54
11.	736	Suszek, Stephanie		39		11:48	36:40	36:58
12.	705	Weir, Emily		35		12:21	38:24	38:31
13.	710	Anderson, Barbie		39		13:31	42:02	42:05
14.	640	Vernocke, Rachel		38		14:00	43:31	43:42
15.	660	Minton, Dawn		38		14:14	44:15	44:31
16.	685	Wojda, Amanda		35		14:40	45:35	45:59
17.	623	Bubb, Winneth		35		15:18	47:34	47:39
18.	633	Forsythe, Dominique		30		15:21	47:42	48:00
19.	677	McDonald, Jennifer		37		15:39	48:40	48:48
20.	602	Allor, Valerie		43		16:08	50:10	50:41
21.	780	Reynolds, Rebbecca		40		16:10	50:16	50:29
22.	743	REYNOLDS, Jaclyn		43		16:12	50:21	50:33
23.	757	Krawczak, Jessica		43		17:29	54:20	54:41
24.	630	Senff, Makayla		30		17:29	54:20	54:51
25.	648	Himick, Meghan		44		17:30	54:24	54:35
26.	649	Jones, Lacey		34		17:30	54:24	54:34
27.	693	Mischloney, Chelsey		35		18:00	55:57	56:07
28.	680	Lane, Sara		32		18:48	58:25	58:53
29.	672	Grush, Anne		40		18:55	58:48	59:17
30.	670	Kennedy, Erica		30		18:55	58:48	59:17
31.	626	Bredow, Jessica		43		18:59	59:02	59:39
32.	656	Frantz, Jessica		42		19:48	1:01:33	1:02:11
33.	776	Eller, Alysia		43		20:02	1:02:16	1:02:39
34.	737	Werner, Emily		36		26:50	1:23:24	1:23:57

5K 45 - 59 Female

1.	750	Sorenson, Kathleen		55		9:13	28:39	29:07
2.	622	Flanner, Tanya		48		10:28	32:32	32:42
3.	766	Derry, Trina		50		10:46	33:29	33:37
4.	650	Bruning, Leilan		48		11:24	35:28	35:32
5.	605	Young, Jesse		45		14:12	44:09	44:17
6.	779	Werth, Lisa		48		16:20	50:46	50:58

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Age Group Results 5K

Place	Bib	Name	Nat.	Age	Club	Pace	ChipTime	GunTime
7.	674	Johnson, Michelle		50		16:50	52:20	52:40
8.	654	Gibson, Connie		57		16:59	52:46	53:08
9.	655	Carriveau, Jayne		56		16:59	52:46	53:08
10.	662	Stephan, Melissa		47		18:00	55:57	56:07
11.	747	Hoffman, Crystal		48		19:15	59:50	1:00:10
12.	619	Bartz, Kendra		57		19:43	1:01:16	1:02:31
13.	614	Roznowski, Melissa		53		19:53	1:01:47	1:02:03
14.	610	Aldrich, Jeanette		59		21:10	1:05:46	1:05:59
15.	688	Orozco, Lisa		52		22:16	1:09:12	1:09:45

5K 60+ Female

1.	683	Shubert, Sally		65		13:49	42:58	43:04
2.	691	Kearly, Nancy		73		15:24	47:53	47:57
3.	756	Hartman, Cindy		68		17:29	54:20	54:41
4.	768	Rybak, Janet		64		17:37	54:47	55:24
5.	769	Rybak, Cindy		68		17:38	54:48	55:26
6.	772	Kieliszewski, Erin		65		19:56	1:01:57	1:02:08
7.	611	VanWagner, Brenda		60		21:10	1:05:46	1:05:59
8.	762	Fredlund, Lynne		60		24:51	1:17:14	1:17:14

5K 11 & Under Male

1.	709	Rabbideau, Matthew		11		8:00	24:52	24:53
2.	778	Lappan, Reed		10		8:03	25:03	25:03
3.	751	Krentz, Ivan		10		8:47	27:19	27:19
4.	735	Thornton, Michael		8		8:49	27:24	27:24
5.	676	McDonald, Ben		10		9:04	28:12	28:15
6.	701	Peake, Kayden		11		9:23	29:10	29:10
7.	703	Rodriguez, Ezra		3		9:23	29:11	29:11
8.	716	Gosselin, Ethan		9		10:07	31:29	31:29
9.	643	Vernocke, Owen		7		13:58	43:27	43:40
10.	659	Minton, Logan		8		14:14	44:15	44:30
11.	604	Allor, Daniel		6		16:08	50:10	50:41
12.	646	Troy, Koah		1		17:06	53:11	53:51
13.	631	Senff, River		2		17:29	54:20	54:51
14.	664	Allen, Luke		4		18:09	56:26	56:51
15.	621	Talaske, Bennett		2		19:43	1:01:16	1:02:31
16.	730	Idalski, Beau		2		22:17	1:09:15	1:09:45

5K 12 - 17 Male

1.	721	Dahleen, Milo		16		6:26	20:01	20:01
2.	777	Lappan, TJ		12		7:17	22:39	22:39
3.	724	Gosselin, Donald		14		7:48	24:15	24:15
4.	759	Buchler, Riley		17		9:15	28:47	28:53
5.	723	Roznowski, Landon		14		9:30	29:33	29:33
6.	658	Frantz, Nolan		12		10:44	33:24	33:24
7.	616	Rodriguez, Hosea		17		16:52	52:25	52:44
8.	745	Hoffman, Andrew		13		19:14	59:48	1:00:08

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Age Group Results 5K

Place	Bib	Name	Nat.	Age	Club	Pace	ChipTime	GunTime
5K 18 - 29 Male								
1.	684	Birch, Teegan		20		9:56	30:53	30:57
2.	697	Roznowski, Trevor		26		10:10	31:37	31:42
3.	784	Buchler, Michael		23		13:04	40:38	40:46
4.	673	Keyser, Dustin		18		17:20	53:54	54:22
5.	667	Allen, Noah		27		18:09	56:26	56:51
6.	748	Hoffman, Tyler		27		19:14	59:48	1:00:09
5K 30 - 44 Male								
1.	729	Koss, Eric		37		8:16	25:42	25:43
2.	686	Higgison, Nicholas		44		9:13	28:39	29:11
3.	731	Cook, Eric		44		9:24	29:14	29:16
4.	765	Derry, Dom		44		9:34	29:45	29:54
5.	690	Schuller, Pete		37		10:56	34:00	34:16
6.	708	Gonzales, Alex		33		11:06	34:32	34:35
7.	694	Mischloney, Justin		36		12:10	37:51	38:00
8.	728	Wooster, Michael		37		13:19	41:24	41:26
9.	641	Vercnocke, Darren		39		13:59	43:28	43:42
10.	606	Young, Doug		43		14:12	44:10	44:17
11.	675	McDonald, Ian		41		15:40	48:41	48:47
5K 45 - 59 Male								
1.	771	Neuman, Nicholas		47		10:46	33:28	33:33
2.	758	Baker, Tim		53		11:59	37:15	37:19
3.	603	Allor, Steven		46		16:08	50:10	50:41
4.	681	Lane, Chad		46		18:47	58:24	58:54
5.	615	Roznowski, George		57		19:52	1:01:45	1:02:03
5K 60+ Male								
1.	678	MCDONALD, RICHARD		60		9:44	30:17	30:20
2.	712	Ahrenberg, Bill		72		10:20	32:08	32:16
3.	782	Douglas, Ken		89		15:21	47:42	47:57
4.	773	Kieliszewski, Steven		60		19:55	1:01:55	1:02:08
5.	763	Fredlund, Thomas		67		24:57	1:17:32	1:17:32

Number of records: 149