

# SUPPORTED DECISION-MAKING

WITH MARY SHEHAN, BS, MS & CO-  
PRESENTERS: AMIE KUPOVITS & FRANK VACA

FRIDAY, JANUARY 26, 2024 | 8:00 AM - 12:30 PM | LIVE/IN-PERSON  
@ ALPENA COMMUNITY COLLEGE GRANUM THEATRE  
665 JOHNSON ST, ALPENA, MI 49707

**4 SOCIAL WORK CE CREDITS**

PRESENTED BY

NORTHEAST  
MICHIGAN  
COMMUNITY  
MENTAL HEALTH  
AUTHORITY



## TARGET AUDIENCE

Front Line/Support Staff, Social Workers,  
Counselors, RNs and Psychologists (We welcome  
all community members!)

## CONTENT LEVEL

Beginner to Advanced

## COURSE DESCRIPTION

This presentation will discuss tools created statewide to infuse Supported Decision-Making (SDM) in Michigan. Special focus will be given to how collaboration between local CMH's and state entities can collaborate to do this work. A myriad of resources that CMH staff can use will be provided as well as opportunities for CMH staff for on-going collaborations.

## COURSE OBJECTIVES & LEARNING OUTCOMES

- Gain knowledge on tools available to local CMH's to educate about Supported Decision-Making
- Learn how state and local CMH's can collaborate to change the focus regionally
- Gain Knowledge of additional tools being created that can be used within local CMH's

## AGENDA

8:00 am - 8:30 am	Introduction of presenters, topic and SDM Video
8:30 am - 8:45 am	Debrief of video
8:45 am - 9:15 am	History of SDM, state and federal data
9:15 am - 10:00 am	Define guardianship, SDM and the differences
<b>10:00 am - 10:15 pm</b>	<b>BREAK</b>
10:15 am - 11:00 am	Tools to identify decision-making practices
11:00 am - 12:15 pm	Use of least restrictive interventions in decision-making
12:15 pm - 12:30 pm	Questions and Answers

[CLICK HERE TO REGISTER OR SCAN THE QR CODE](#)



# SUPPORTED DECISION-MAKING

WITH MARY SHEHAN, BS, MS & CO-  
PRESENTERS: AMIE KUPOVITS & FRANK VACA

## PRESENTER BIOS

Lead Presenter:

### **Mary Shehan**

Mary Shehan, holds a BS in Psychology from Northern Michigan University, a MS in Psychology from Eastern Michigan University and, is a Qualified Sexuality Educator Qualification through Western Michigan University. She has worked in the field of rehabilitation in Michigan for over 40 years, including several CMH's across the state. She is a frequent presenter on the topics of Advocacy, Self-Determination, Person-Centered Planning and Independent Facilitation, Supported Decision-Making, Youth Employment, and Sexuality Education for people with IDD. She currently serves as the Community Inclusion Coordinator for the Michigan Developmental Disabilities Council. Mary is also the family member of several people with Intellectual and Developmental Disabilities so, she approaches her teaching from many different perspectives.

Co-presenters:

### **Amie Kupovits**

Amie Kupovits is a certified Peer Mentor through Oakland County Health Network, Sexuality Peer Educator and Recipient Right Educator. As a person with lived experience, she has utilized many financial tools in her journey to go from a person under a full plenary guardianship to, having only a conservatorship, to regaining her rights to handle her own finances. Amie enjoys sharing her journey with others in the hopes they too, can change their trajectory to a more self-determined and autonomous lives.

### **Frank Vaca**

Frank is a longtime advocate working toward inclusive, integrated lives for all Michiganders. He is a person who identifies as being on the Autism Spectrum. He attended Lansing Community College where he received an associate degree. Frank is a Michigan Disabilities Right Coalition (LDO) graduate; a program where he learned about disability history and gained skills to become an advocacy leader. He is a former certified Peer Mentor working at Clinton Eaton and Ingham County Community Mental Health. Frank attended the Michigan Developmental Disability Council's 2018 Sexuality Education Summit where he was trained to co-facilitate programs on sexuality education for individuals with Intellectual and Developmental Disabilities I/DD. Frank co-founded a support group helping individuals with disability explore the intersectionality of being from both the disability, and LGBTQIA communities. Currently, Frank is working at the Michigan Disabilities Rights Coalition, as the Leadership for Inclusion Coordinator.

*If you have questions, need more information, or require special accommodations call or email Genny Grimshaw at (989) 358-7842 or [ggrimshaw@nemcmh.org](mailto:ggrimshaw@nemcmh.org).*

*Space is limited. Registration closes Tuesday, January 23, 2024. Cancellation notice is appreciated.*

**FOR MORE INFO VISIT: [WWW.NEMCMH.ORG/TRAINING](http://WWW.NEMCMH.ORG/TRAINING)**

#### **COURSE COMPLETION & CONTINUING EDUCATION INFORMATION:**

Social workers must sign in/out of the training, attend the entire course, provide their license number, and complete a course evaluation to earn CE credit. You will receive your certificate within 30 days of course completion. Participants requesting credit must be registered for the event and have verified attendance and attend the entire training. TO RECEIVE CE HOURS, YOU MUST COMPLETE THE EVALUATION! None of the planners for this activity have relevant financial relationships to disclose with ineligible companies

Northeast Michigan Community Mental Health Authority (NeMCMHA), Provider #1767 is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continue Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. NeMCMHA maintains responsibility for this course. ACE provider approval period: 05/19/2022 - 05/19/2025. Social workers completing this course receive 4 social work continuing education credits.

For more information about NeMCMHA services and training opportunities, please visit: [nemcmh.org](http://nemcmh.org). NeMCMHA is funded, in part, by the Michigan Department of Health and Human Services.

PRESENTED BY

NORTHEAST  
MICHIGAN  
COMMUNITY  
MENTAL HEALTH  
AUTHORITY

