

Northeast Michigan Community Mental Health Authority Board

Board Meeting

March 12, 2015

I. Call to Order

Chair Gary Nowak called the meeting to order in the Board Room at 3:00 p.m.

II. Roll Call and Determination of a Quorum

Present: Virginia DeRosia, Alan Fischer, Roger Frye, Judy Hutchins, Judy Jones, Albert LaFleche, Marie LaLonde, Terry Larson, Eric Lawson, Gary Nowak, Pat Przeslawski

Absent: Linda Canfield (excused)

Staff & Guests: Lisa Anderson, Dayna Barbeau, Carolyn Bruning, LeeAnn Bushey, Lynne Fredlund, Ruth Hewett, Cheryl Jaworowski, Ed LaFramboise, Cathy Meske, Dave Schneider,

III. Consent Agenda

1. Approval of Minutes

2. Lease Agreement Renewal

a. Millcreek Home

Moved by Roger Frye, supported by Terry Larson, to approve the Consent Agenda as presented. Roll call vote: Ayes: Virginia DeRosia, Alan Fischer, Roger Frye, Judy Hutchins, Judy Jones, Albert LaFleche, Marie LaLonde, Terry Larson, Eric Lawson, Gary Nowak, Pat Przeslawski; Nays: None; Absent: Linda Canfield. Motion carried.

IV. Information and/or Comments from the Public

There were no comments presented.

V. Educational Session – NMRE Update

Gary Nowak introduced Dave Schneider, Northern Michigan Regional Entity Director. Mr. Schneider noted NMRE recently held a planning session in Gaylord. The materials distributed were highlights of the first year of the Entity. He reported he will be looking for support of the Consensus Statement from Board members. The Consensus Statement details were included in the mailing on page 17 of the Board packet.

Mr. Schneider reviewed the various goals established by the Entity in the Annual Plan for 2014. He reports an area of focus continues to attain compliance with the Olmstead Act. North Country and Northern Lakes continue to have Day Programs or segregated workshops. He notes both Boards are making progress toward integration activities; however, neither Board has attained full integration. Mr. Schneider reports uniform benefits and equitable funding continue to be challenges. He reports the Entity is beginning to look at costs and identifying outliers to determine if comparable costs are being reported in similar fashions. He reports the contract negotiation process with the Michigan Department of Community Health has improved. He notes the Goal #7 to not increase managed care administrative costs beyond historic costs has been realized and the initial projection for administrative costs is just under 5%.

Dave Schneider noted challenges continue dealing with change. Change is hard. There will be changes in the current year which include the 1915 waiver, certified behavioral health centers, state innovation model, Medicaid bid out, and continuing to integrate with primary healthcare. All will be challenging. At the planning session of the NMRE, the NMRE Board came up with four items to be included in their Consensus Statement. It was decided the roles of the NMRE are:

1. Public oversight of public funds
2. Contractual and regulatory compliance (with State and Federal regulations) and make available/purchase of an array of services and monitoring.
3. Representational (servant) leadership and coordination: PIHP as values add; opportunity for collaborative efforts to get voice.
4. SUD Activity: Integration.

Roger Frye noted there are still issues with some counties in getting the SUD funds targeted for substance abuse services to the Entity.

VI. Board Member Recognition

Each year, the month of March is designated for Board member recognition. Adding total years of services among Board members, members have just over 131 years.

Gary Nowak presented Pat Przeslawski with a 15-year certificate.

Meeting recessed at 3:25 p.m. for refreshments.

Meeting resumed at 3:35 p.m.

VII. Nomination's Committee Report

The Nomination's Committee met in February to prepare a recommendation for the Slate of Officers for consideration at the April Board meeting. Committee Chair, Pat Przeslawski, reported the Committee felt it was important to keep officer positions the same due to the many changes which will occur during the next year. Their recommendations include:

Gary Nowak, Chair
Pat Przeslawski, Vice Chair
Virginia DeRosia, Secretary
Roger Frye, Past Chair

VIII. March Monitoring Reports

1. Treatment of Consumers 01-002

Ed LaFramboise indicated this monitoring report includes any surveys conducted over the past year to monitor customer satisfaction. Lynne Fredlund, member of the Quality of Care (QOC) Committee at NMRE, reports all areas of the MI Satisfaction surveys were above the goal. She reported the return rate is monitored and noted Northeast handed out 155 surveys and received 94 back. She reports the National Average for survey return rate is 40%. Ms. Fredlund notes the "Percentage of Favorable Responses by Program per CMHSP" chart axis begins at 80% and all programs achieved higher than the 80% mark.

Ed LaFramboise reported the internal Customer Satisfaction Committee surveys satisfaction of the DD population. The data highlighted in this survey encompasses a six-month period as the survey questions were adjusted last July. There were 80 individuals surveyed during this timeframe. These responses indicate significant satisfaction in the ID/DD population group.

2. Treatment of Staff 01-003

Lisa Anderson reports the graphs distributed are compiled from Exit Interviews for staff leaving the agency voluntarily. The survey is broken into four areas: 1) The Job, 2) Your Supervisor, 3) Workplace Climate and Culture and 4) Wage and Benefit Package. There were approximately 50 sent out and there were 10 returned. She notes in the benefit section many responses might come back as not applicable due to the nature of their job being might be casual or part-time without benefits.

3. Budgeting 01-004

Cheryl Jaworowski reviewed the Statement of Revenue and Expense for month ending January 31, 2015. She noted the Pension line item appears to be over budget; however, it is due to a timing issue related to the payout for longevity. Program Supplies over budget due to medication purchases for injectable medications. Line 33 related to property & Liability Insurance appears to be over budget; however, MMRMA will again do a distribution of their funds and this deficit will be resolved. The reduction of Food Stamps are causing the over budget issues in the food line item.

Cheryl Jaworowski reports our Medicaid budget is underspent by \$149,063, General Funds are underspent by \$145,184 and Healthy Michigan is underspent by \$153,384.

She notes there will be a budget amendment in either April or May to correct the revenue budget. She also reported the State has just passed a bill which will allocate \$20 M additional General Fund dollars to the community mental health boards.

Moved by Pat Przeslawski, supported by Virginia DeRosia, to accept the March monitoring reports as presented. Motion carried.

IX. Board Policy Review and Self Evaluation

1. Budgeting 01-004

There were no recommended changes to this policy.

2. Board Members Code of Conduct 02-008

There were no recommended changes. Gary Nowak noted 2. B. provides clarification as to the procedure a Board member follows in items where a member has an unavoidable conflict of interest. "...that member shall absent herself or himself without comment for not only the vote, but also from the deliberation."

X. Linkage Reports

1. Northern Michigan Regional Entity

a. Appointment of Board Member to NMRE

Gary Nowak reported Roger Frye will be reappointed to the NMRE Board for a three-year term.

b. NMRE Planning Session Update

i. Consensus Statement

Gary Nowak reported this was covered in the Educational Session of the NMRE Update. Pat Przeslawski noted she complimented Mr. Schneider on his presentation noting he has a vast knowledge of both national and local mental health issues.

ii. NMRE Operational Agreement Revisions

Dave Schneider reported the Operational Agreement was developed in the early days of the organization of the Entity. Some of the items identified in the initial Operational Agreement are cumbersome and basically does not allow for operational efficiencies. He reports the Operations Committee will be reviewing some revisions at their meeting next week and then the proposed revisions will go to the full NMRE Board which in turn will need to be approved by each of the member boards or the revisions do not occur. Ed LaFramboise reported in order for the review process to start, there must be a request from two member boards. North Country and Northeast initiated the request. He reports there was one board voicing they would not agree to any changes in this agreement no matter what.

Ed LaFramboise reports once the NMRE Board makes a formal recommendation, the Operational Agreement will be brought back to the Board for their consideration and possible approval.

2. Board Association

a. White Paper

Ed LaFramboise reported the "White Paper" is a policy brief prepared by Public Sector Consultants, Inc. The full report can be found on the Board Association's website or we can print a copy for board members at their request. Ed LaFramboise encouraged Board members to review the report; noting our Agency was one of those interviewed in preparation of this report. Northeast's interview portion was focused on person-centered planning and self-determination. Ed LaFramboise noted one exhibit in the report depicts the growth in behavioral health rates increasing by 2% as compared to physical health's increase. He notes he has sent our legislators the documents and has not received any comments from any of the elected officials. The Board Association has hired a Public Relations group to do a blitz on this paper and then will be preparing another report for release on a National level highlighting the states that have privatized the community mental health system and the disasters associated with that privatization.

b. Spring Conference – May 19 & 20 – Amway Grand, Grand Rapids

The Spring Conference will be held on May 19th and 20th in Grand Rapids. The Spring Conference is a voting meeting. Ed LaFramboise reports Joe Stone from AuSable Valley is being nominated for 1st Vice President. Board members were requested to come prepared to the April meeting with their decision on attendance for this conference.

3. Clinical Services and Support Report

Cathy Meske addressed the Clinical Services and Support report for month ending January 1, 2015. A graph was included identifying hospitalizations by coverage groups.

Cathy Meske reports the general funds balance is allowing the Agency to provide some services discontinued in the past. The drop-in center and clubhouse will benefit by allowing some individuals to attend who do not have Medicaid. The Monday Night Activities will be reinstated. The outpatient services will be opened back up for those without Medicaid. She reports at current time there are no individuals in the state hospital and should this change, these decisions will need to be revisited.

Ed LaFramboise reports the General Fund reductions had a dramatic effect last year when there were 300 individuals with Medicare having to be transferred to their primary care physicians. Now, with a budget of about \$70,000 per month, we are able to open up some of the services we had to discontinue.

XI. Chair's Report

1. June Strategic Planning Discussion

Last year, the Board changed their practice of having one of the outlying counties hosting the planning session to keeping it within the Alpena Office. Ed LaFramboise inquired as to what preference Board members have for this year's planning session. Board member felt last year's venue worked well and agreed to have the session again in the Board room. A facilitator was also discussed and Mike Vizena, Board Association Director, will be contacted to see if he is available for this role.

2. CMH PAC Campaign

Gary Nowak requested Board members consider contributing to the CMH PAC. He will pay \$5 for each contribution made from Board members. Ed LaFramboise will match up to \$600 for this campaign as well. Contributions will need to be in by May to get in the drawing for the box suite Tiger game tickets.

XII. Director's Report

1. State Innovation Model (SIMS – Reinventing Health Care)

Ed LaFramboise reported the slides for Reinventing Michigan's Health Care System were included in the mailing. He reports the State received a \$70 M grant to develop a test model. He reports the prosperity region boundaries will be used in the distribution of funding in this project. He reports the timeline for implementation is included in the slideshow.

2. General Fund Update

Ed LaFramboise reports the House and Senate passed the Governor's recommendation to add \$20 M in General Funds to be distributed to the CMH Boards. If they use the old methodology in distributing the funds, Northeast could expect to receive about \$20,000.

3. Proposed Autism Benefit Expansion

Ed LaFramboise reported the Autism Benefit Program continues to grow. He reports we currently have 17 active cases, many of those receiving 20 hours of treatment a week. The Department of Community Health is now talking about expanding the program to the 7 to 21 years old individuals. The implementation for this expansion will not take place this year. He reports we will need to keep ahead of this as if the same benefit is utilized for this new age group, we will not be able to keep up with the demand. This will mean we will need to use contractual means to handle the increased demand for services.

4. DCH/DHS Merger

Ed LaFramboise reports he was hoping to have more information related to this merger and, at this point, those in Lansing are keeping their development closed lipped. He reports the community needs to realize the merger is at the state level not at the local level.

5. March is Developmental Disabilities Awareness Month

A Press Release was included in the mailing identifying "March is Developmental Disabilities Awareness Month." Ed LaFramboise reports May is Mental Health Month and we strive to release our Report to Community in May. We will seek articles from various staff and should Board members wish to have an area highlighted, they should provide their requests to the Director.

6. Update – Calhoun County/Summit Pointe CMH

Ed LaFramboise reported Calhoun County, operating under Carver Governance, had a hearing of the Director and the handling of various duties as the Director. He reports the Summit Pointe Board found the Director was guilty of withholding some pertinent information and the Board dismissed the Director with cause. The other Executive staff involved resigned prior to the Board dismissing them. He notes the individuals are under review by the Office of Inspector General.

7. ALICE Reports

Ed LaFramboise reported Judy Jones and he attended a session at the Board Conference related to the ALICE Report. He provided Board members with some portions of this report related to the counties served by the Board.

Judy Jones suggested having a presentation from a United Way representative relative to this report.

Ed LaFramboise notes this information might be beneficial to county commissioners, etc. when they conduct any planning sessions. Albert LaFleche reports Germaine Stoppa will be putting on a meeting tomorrow related to the monies the United Way collects for Montmorency County.

8. QI Council Update

The minutes were included in the mailing. Board member had no concerns or questions related to the minutes.

Judy Jones left the meeting at 4:47 p.m.

9. Resolution of Support for Proposal 1

Ed LaFramboise reports Proposal 1 will be on the ballot May 5th and normally political issues are not brought before the Board; however, this Proposal could have a significant effect on the individuals served by this Board. There are four areas to be supported should the Proposal be passed. If it fails, some are sure the government will find the dollars to fix the roads and these cuts most likely will come from the largest department at state government – Department of Health and Human Services (DHS/DCH), which will have a great impact on our budget.

Ed LaFramboise reported Tom Watkins, at the Director's Forum, requested all 46 Boards support a resolution in support of this proposal. The resolution is:

Resolution of Support for Proposal 1

WHEREAS, the Michigan Mental Health Code, Public Act 258 of 1974, as amended ("Code"), established Community Mental Health Programs (CMHSPs);

WHEREAS, pursuant to the Code, the CMHSPs, Prepaid Inpatient Health Plans (PIHPs) and their provider networks are charged with providing the most effective behavioral health and developmental disabilities services available to the residents of all Michigan Counties in need of these services, referred to as "Consumers;"

WHEREAS, all CMHSPs, PIHPs and provider organizations have a vested interest in promoting the general health and well-being of its Consumers;

WHEREAS, on May 5, 2015, Michigan voters shall consider a ballot proposal ("Proposal 1") which, through its passage, will result in improvements to residents of the State of Michigan, including Consumers, as follows:

- I) Additional funding earmarked for the restoration of Michigan roads and highway infrastructure;
- II) Additional funding for state school systems;
- III) Restoration of the Earned Income Tax Credit, which is intended to benefit low-income families; and
- IV) Additional funding for local governments, including cities, villages, townships and counties;

WHEREAS, all Michigan residents who travel on Michigan roadways, including Consumers will benefit from the proliferation of safer roads and highway infrastructure; and

WHEREAS, Northeast Michigan Community Mental Health Authority recognizes funding for the improvement of public education is a concern to all Michigan residents, including especially services to students with special needs; and

WHEREAS, many Consumers are individuals or members of low-income families who are likely to benefit from the restoration of the Earned Income Tax Credit; and

WHEREAS, Northeast Michigan Community Mental Health Authority is a member of its local governmentally supported public safety and safety net service network, which relies on local governmental revenue to support such public service and safety net services; and

WHEREAS, there are reasonable concerns that, in the event additional funding for these services is not achieved through the passage of Proposal 1, the State legislature may choose to

reduce funding previously allocated to other necessary state funded services, including, but not limited to, the funding received by the CMHSPs, PIHPs, and provider organizations for services provided to Consumers;

NOW THEREFORE BE IT RESOLVED that the Northeast Michigan Community Mental Health Authority Board, being advised of the aforementioned benefits Michigan residents, including CMHSP's Consumers, are likely to receive as a result of the passage of Proposal 1, supports the passage of Proposal 1 and its attendant legislative revisions.

Moved by Terry Larson supported by Pat Przeslawski to support Proposal 1. Albert LaFleche requested this proposal be put to a roll call vote: Ayes: Alan Fischer, Judy Hutchins, Terry Larson, Gary Nowak, Pat Przeslawski; Nays: Virginia DeRosia, Roger Frye, Albert LaFleche, Marie LaLonde, Eric Lawson; Absent: Linda Canfield, Judy Jones. Motion failed.

XIII. Information and/or Comments from the Public

Cheryl Jaworowski reported she and Ed LaFramboise sit on the General Fund Committee at the State level and the state indicated last year the entire state lapsed \$1.4 million back to the state and overspent \$14 million. She reported the overspending came from local funds. Ed LaFramboise reports this is actually .006% of the total General Fund budget.

XIV. Next Meeting

The next regularly scheduled meeting of Northeast Michigan Community Mental Health Authority Board will be held Thursday, April 9, 2015 at 3:00 p.m. in the Board Room at the Alpena Office.

1. Set April Agenda

The April agenda items were reviewed. The Compliance Audit will be presented at the April meeting as well as it being the organizational meeting of the Board.

XV. Evaluation of Meeting

Roger Frye reported this was a good meeting. Pat Przeslawski reported this was a jam packed meeting and full from start to end.

XVI. Adjournment

Moved by Albert LaFleche, supported by Pat Przeslawski to adjourn. Motion carried. This meeting adjourned at 5:00 p.m.

[signed by Virginia DeRosia on 4/09/15]
Virginia DeRosia, Secretary

[signed by Gary Nowak on 4/09/15]
Gary Nowak, Chair

Diane Hayka
Recorder