

Northeast Michigan Community Mental Health Authority Board

Board Meeting

August 11, 2011

I. Call to Order

Chair Gary Nowak called the meeting to order in the Board Room at 3:00 p.m.

II. Roll Call and Determination of a Quorum

Present: Maggie Clay, Virginia DeRosia, Alan Fischer, Judy Hutchins, Marie LaLonde, Terry Larson, Tom Mullaney, Gary Nowak, Pat Przeslawski, Tom Young

Absent: Linda Canfield (excused), Richard Anderson

Staff & Guests: Lisa Anderson, Carolyn Bruning, Lee Ann Bushey, Ruth Hewett, Cheryl Jaworowski, Ed LaFramboise, Kim Lancaster, Cathy Meske, Greg Proulx, Tony White, Peggy Yachasz

III. Information and/or Comments from the Public

There were no comments presented.

IV. Educational Session – Children’s Services

Greg Proulx PhD, Children’s Services Supervisor, provided the Board with information related to services provided to children throughout the agency. Currently there are six full-time case management clinicians and two support workers in the Children’s Services Program. The most intensive service is provided in Home-Based Services. He noted the Child /Adolescent Functional Assessment Scale (CAFAS) is used to determine the intensity of services needed. He reported those children scoring 100+ are the most at risk and have issues in several areas. He noted services are provided in all four counties of the catchment areas.

Child Case Management is a slightly less intense level of service provided by the agency. These children would score in the 80-100 range on the CAFAS scale. He noted families are included in the treatment regimen to help formulate and strengthen relationships between parents and children.

Another specialized service program is Infant Mental Health services. Dr. Proulx reported two staff have endorsements to provide this service. These staff are specially trained in infant/child development to identify and address any abnormalities in mother-infant bonding.

Dr. Proulx notified Board members of a prevention service added a couple of years ago which provides service to children of adults with mental illness. This allows the child to receive services due to risks involved as a result of the parent’s mental illness. He reported currently there are about 75 families being served in some form of children’s services. The department works with NEMCSA to provide Head Start and Early Head Start screening services, Catholic Human Services, schools systems and various other referral agencies.

Alan Fischer inquired about the treatment of children that have been diagnosed with serious emotional disturbance. Dr. Proulx reports he is personally responsible for all intakes of children 5 and under. He stated he believes many of the referrals have an underlying cause usually attributable to chaos, trauma, abuse or neglect. He provided an explanation of how services provided can affect brain development and have a significant impact on the behavior of the child. He notes medication should be the last resort after everything else fails.

Marie LaLonde inquired about children’s diets and the effect it has on their disposition. Dr. Proulx noted diet, fluids, rest and exercise all help to provide a healthy environment for children.

Judy Hutchins inquired as to the relationship Northeast has with the school systems. Dr. Proulx reported we work in all the school systems. He noted the recent Kellogg grant received will develop a system of care for children and the schools are participants in that group. He reported the Mental Health First Aid training will help the community identify troubled youth earlier. He noted Tom Hainstock is currently being trained to be a trainer.

V. Consent Agenda

A. Approval of Minutes

B. Contracts

- 1. NEMROC Contract Amendment**
- 2. North Country ABW Contract Amendment**
- 3. NEMCSA Head Start Contract Renewal**

Moved by Tom Young, supported by Tom Mullaney, to approve the Consent Agenda as presented. Roll call vote: Ayes: Maggie Clay, Virginia DeRosia, Alan Fischer, Judy Hutchins, Marie LaLonde, Terry Larson, Tom Mullaney, Gary Nowak, Pat Przeslawski, Tom Young; Nays: None; Absent: Richard Anderson, Linda Canfield. Motion carried.

VI. August Monitoring Reports

1. Treatment of Consumers 01-002

Ruth Hewett was in attendance to answer questions. Board members had no questions.

2. Staff Treatment 01-003

Tony White reported the turnover report covers the six-month period from January 1, 2011 through June 30, 2011. He noted this is one of the lower turnover percentages (5% overall) in recent years. Alan Fischer inquired as to the state of the Peer Support workers. Lee Ann Bushey indicated there are currently five peer supports workers employed at the agency.

3. Budgeting 01-004

Cheryl Jaworowski reviewed the financial report for the month ending June 30, 2011 noting an overall loss of \$99,097. She reports the Agency is underspent in both Medicaid and General Funds.

4. Financial Condition 01-005

Cheryl Jaworowski reviewed the Statement of Revenue and Expense and Change in Net Assets for quarter ending June 30, 2011.

Moved by Pat Przeslawski, supported by Alan Fischer, to accept the August monitoring reports as presented. Motion carried.

VII. Board Policy Review and Self Evaluation

1. Chairperson's Role 02-004

The Board reviewed the policy. Board members indicated no changes were needed.

2. Board Member Per Diem 02-009

The Board reviewed the policy and the meal allowance reimbursement was discussed. Gary Nowak noted it is difficult to find meals under the current reimbursement amounts at the various conference locations. ***Terry Larson moved to adjust the meal allowances to \$10 for breakfast, \$15 for lunch, and \$25 for dinner effective with passage of motion.*** Roll call vote: Ayes: Maggie Clay, Virginia DeRosia, Alan Fischer, Judy Hutchins, Marie LaLonde, Terry Larson, Tom Mullaney, Gary Nowak, Tom Young; Nays: Pat Przeslawski, Absent: Richard Anderson, Linda Canfield. Motion carried.

3. Board Self-Evaluation 02-012

Pat Przeslawski reviewed the policy and noted the policy seems to be well-written. Tony White inquired as to whether some items are actually being followed, pointing out the third paragraph,

"The board shall request senior management...." Consensus was to remove that paragraph as it was confusing and unnecessary.

Moved by Alan Fischer, supported by Pat Przeslawski, to amend Policy 02-012.

Motion carried.

4. Ends 04-001

Tony White reported this policy is developed after the Strategic Plan is completed. This seems to be out of sync as the final "Ends" are not yet identified. This will be revised in the perpetual calendar the Board will be setting next month.

VIII. Linkage Reports

1. MACMHB

Regional Board Member Educational Forum

Gary Nowak reported this was attended last year by four Board members. It is well worth attending. He encourages all Board members to take advantage of the opportunity. At this point three Board members indicated they would attend the Saturday session only and four Board members indicated they would attend the full forum.

2. Legislative Event

Tony White reported that typically the Legislative gathering is held in September. He notes this has ranged from a breakfast, a coffee to a lunch. He suggests investigation begin to coordinate the event. Judy Hutchins suggested the Drop-In Center might be the location to host the event so any food would need to be catered as there are no kitchen facilities at that location. Tony White will begin the coordination process for the event.

IX. Chair's Report

1. Strategic Planning Discussion

Tony White reviewed the revised draft of the items identified at the Strategic Planning session in May. This list included: access to psychiatry services, reduction of administrative cost, addressing the "mortality gap" for those with serious mental health conditions, as well as the revision to the board's mission statement. Board members voiced concern that tele-psychiatry should not be used inappropriately; Cathy Meske identified several scenarios for its possible use. The Board cautioned that any consideration of consolidation or merger should be done in such a way that does not communicate that the board has already determined it is in favor of a merger.

Moved by Pat Przeslawski, supported by Virginia DeRosia, to amend the mission statement as presented. Motion carried.

2. CEO Evaluation

The CEO Evaluation is based upon the monitoring reports on the various policies the Board has established. Pat Przeslawski reported she appreciates the Director's handling of the agency business. Board members were in agreement.

Moved by Pat Przeslawski, supported by Tom Young, to award a positive evaluation for the Director. Motion carried.

3. Begin Self-Evaluation of Board

Pat Przeslawski reported the Board is effective and works well together. Gary Nowak reported the excerpts from the various Board meetings were compiled and supports that the Board works well together. Pat Przeslawski noted the Board is not too conservative nor too radical. Maggie Clay noted that Board members demonstrate a mutual respect among members.

X. Director's Report

1. Section 236 Transfer

Tony White reported Section 236 of the Mental Health Code allows the Department to move General Funds among CMHSPs as necessary. He explained that the agency was lapsing enough

of its General Funds that it could transfer (Fiscal year 2011 only) \$100,000 to AuSable Valley which is experiencing a shortage; he recommended that the Board approve the transfer.

Moved by Terry Larson, supported by Virginia DeRosia , to approve the Section 236 Transfer to AuSable Valley of \$100,000 and additional lapsing funds to AuSable Valley or other CMHSPs if allowed. Roll call vote: Ayes: Maggie Clay, Virginia DeRosia, Alan Fischer, Judy Hutchins, Marie LaLonde, Terry Larson, Tom Mullaney, Gary Nowak, Pat Przeslawski, Tom Young; Nays: None; Absent: Richard Anderson, Linda Canfield. Motion carried.

2. Office Space

Tony White reported with the addition of staff over the past couple of years, the Alpena Office is full and investigation has begun to identify a way to ease the congestion. He noted plans also need to be made to accommodate the potential for integration with primary healthcare and assure space to provide services. He advised the board that one option currently being considered is moving Administration to another location, perhaps the former Fletcher Paper Company office building. He reports if a location is secured to accommodate such a move, the Second Avenue Facility would be closed and those staff moved to 400 Johnson Street.

Tony White reported contacts have been made with the Alpena Public Schools regarding availability of Sunset School; the school board has decided yet about the disposition of that facility.

Tony White noted that administration is not yet ready to make a recommendation, but expected to address it at the September meeting.

3. Budget Update

He reported there is news on the Budget. The PIHP received their contract with the Department and when the most conservative estimate is compiled the increase in Medicaid is approximately a \$3 million increase. He reports the last budget amendment adds 34 positions which address the lapsing Medicaid in this year's budget of approximately \$1.2 million. This will be a carry forward to next year at the Affiliation level in addition to the new Medicaid will begin discussions about how to expand services in next year's program. He reports this is unusual in the fact that next year's budget at the state level has already been communicated with us.

Tony White reported the General Fund contract will be cut next year. In addition, the Use Tax (6%) and Provider Tax (1%) still need to be finalized by amendment. Mr. White reported the 6% Use Tax was assessed to the PIHPs on the Medicaid dollars they received. This will be eliminated and all providers will be assessed a 1% tax under the new regulation.

4. Dual Eligibles

Tony White reported the Dual Eligibles are those consumers that qualify for both Medicaid and Medicare. He reports the consumers receiving both services are often the most vulnerable and costly consumers. The state has received a grant from the federal government on how they can integrate into one plan how to get this group of people into one plan instead of both. Mr. White provided numbers of those affected in our area noting approximately 800 consumers served by Northeast would be affected.

Alan Fischer reported in healthcare reform many more consumers will qualify for both services. This will compound the potential problem.

5. QI Council Update

The QI Council minutes were distributed to Board members.

XI. Information and/or Comments from the Public

There were no comments presented.

XII. Next Meeting

The next regularly scheduled meeting of Northeast Michigan Community Mental Health Authority Board will be held Thursday, September 8, 2011 at 3:00 p.m.

A. Set September Agenda

The September schedule was reviewed. Pat Przeslawski requested a presentation by the PAs. Judy Hutchins noted there is a Power Day scheduled in Lansing soon.

B. Evaluation of Meeting

Pat Przeslawski reported this was a very interactive meeting today and members are on the same page.

XIII. Adjournment

Moved by Virginia DeRosia, supported by Pat Przeslawski, to adjourn the meeting.

Motion carried. This meeting adjourned at 4:48 p.m.

[signed on 9/08/2011]
Virginia DeRosia, Secretary

[signed on 9/08/2011]
Gary Nowak, Chair

Diane Hayka
Recorder