

Northeast Michigan Community Mental Health Authority Board

Board Meeting

July 14, 2011

I. Call to Order

Chair Gary Nowak called the meeting to order in the Board Room at 3:00 p.m.

II. Roll Call and Determination of a Quorum

Present: Linda Canfield, Virginia DeRosia, Marie LaLonde, Terry Larson, Tom Mullaney, Gary Nowak, Pat Przeslawski, Tom Young

Absent: Alan Fischer (excused), Judy Hutchins (excused), Richard Anderson, Maggie Clay

Staff & Guests: Lisa Anderson, Carolyn Bruning, Lee Ann Bushey, Cheryl Jaworowski, Ruth Hewett, Ed LaFramboise, Kim Lancaster, Cathy Meske, Bob Reynolds, Tony White

III. Information and/or Comments from the Public

There were no comments presented.

IV. Educational Session – HealthFirst Initiative

Lisa Anderson presented the Board with an overview of the HealthFirst Initiative undertaken at Northeast in an effort to control the ever-rising healthcare costs.

Richard Anderson arrived at 3:02 p.m.

Lisa reviewed the mission of the committee. A graph that was developed at the outset of the process years ago was reviewed which projected the future costs based upon actual historical costs. The projected trend suggested that the costs for healthcare benefits, if not effectively addressed, could consume the entire budget of the agency.

Lisa reported the first step was to seek proposals for a consultant to work with the Agency to address employee healthcare costs and related issues.

Maggie Clay arrived at 3:05 p.m.

Matt Slotke of The Campbell Group was awarded the contract; his recommendations were to create the HealthFirst Committee, educate employees and develop a wellness program to begin to get control of utilization.

Lisa Anderson reported on the various elements of the Wellness Program which includes risk reviews, wellness surveys, premium incentive programs as well as various wellness activities such as the Corporate Challenge, Weight Watchers at Work, 10,000 steps program, etc.

The committee is active in continued education to keep up with the ever-changing healthcare environment. She reported the work of this group has made it possible for the healthcare costs to remain flat over the past five years all while maintaining the current co-pays and deductibles.

Lisa Anderson reported over the next few months the committee will be focusing on BMI and weight management, prescriptions costs, health reform and the "80/20 or Hard Cap" bill now in the Legislature targeted at public employers.

Board members inquired about participant's eligibility relating to spousal coverage as well as incentives to not take the insurance coverage. Lisa Anderson explained the spouse would need to have primary insurance through their employer if available and then secondary coverage could be obtained through this agency. Mr. White noted there is no incentive awarded to staff for not

participating in the healthcare insurance. He informed the Board the staff currently pay 16% of their premium.

V. Consent Agenda

- 1. Approval of Minutes**
- 2. Harrisville Group Home Lease**

Moved by Virginia DeRosia, supported by Richard Anderson, to approve the Consent Agenda as presented. Roll call vote: Ayes: Richard Anderson, Linda Canfield, Maggie Clay, Virginia DeRosia, Marie LaLonde, Terry Larson, Tom Mullaney, Gary Nowak, Pat Przeslawski, Tom Young; Nays: None; Absent: Alan Fischer, Judy Hutchins Motion carried.

VI. July Monitoring Reports

1. Budgeting 01-004

Cheryl Jaworowski reviewed the financial report for the month ending May 31, 2011. She noted the Medicaid budget is underspent by \$1,373,434 and General Funds budget is underspent by \$190,233.

2. Asset Protection 01-007

Tony White reported the Asset Protection report includes the liability coverage and noted the policy is a self-funded policy. The Risk Management Plan is scheduled to be reviewed by a Committee later in July and the proposed changes are included in the report. Tony White reported the one concern Board members have expressed previously, is the fact that our funds are all invested at one bank. Mr. White reported this is monitored carefully. Cheryl Jaworowski noted there is at least \$2,000 per month in savings of banking fees with the current arrangement that would be lost if the accounts were disbursed to several banks. Cheryl Jaworowski also reported the finance department is also monitoring the FDIC closely to assure stability.

3. Community Resources 01-010

Tony White reviewed the Monitoring Report with Board members noting the \$2.5 million Kellogg Grant to improve children's services was a collaborative effort by many community service agencies. Tony White reported the Kellogg Grant will be managed by NEMCSA with the first year as a planning phase. Northeast is also involved in a System of Care grant for children's services and the projects will be coordinated to assure the two grants are in accord.

Moved by Pat Przeslawski, supported by Virginia DeRosia, to accept the July monitoring reports as presented. Motion carried.

VII. Board Policy Review and Self Evaluation

1. Community Resources 01-010

The Board reviewed the policy and indicated no changes were needed.

2. Public Hearing 02-010

The Board reviewed the policy noting no changes were needed.

VIII. Linkage Reports

1. Northern Affiliation

A. Board Minutes

Tony White noted he briefly reported on the meeting last month. Distributed tonight are the draft minutes of that meeting.

B. Affiliation Planning Session Update

Tony White reported the Affiliation conducted a planning session with leadership staff of the affiliate boards in Gaylord. He reported focus was focused on healthcare reform and integration of primary care with behavioral healthcare. He reported Robin Henderson, a community mental health director from Oregon, reported on the progress of their

integration efforts within a five-county area. The outcomes from that project were very favorable. Bob Sheehan, Clinton Eaton Ingham CMH Director, presented on the opportunities and challenges that may be presented by the reform of healthcare under the Affordable Care Act. Staff found both presentations very informative.

2. Federally Qualified Healthcare Centers (FQHCs)

Tony White reported in late June, several federally qualified healthcare centers (FQHCs) and the Northern Affiliation group met to discuss the potential for integration of primary health and behavioral health services. Alcona Health Center, Thunder Bay Community Health Center, Primary Care Inc., Bellaire Family Health Center and the three CMH directors of the Affiliation agreed that integration should be bi-directional services, meaning healthcare services are provided within the behavioral health sites as well as behavioral health services provided in primary care sites. Mr. White reported the next step is to meet in smaller groups with the healthcare service agencies within our catchment area to explore local possibilities. Mr. White reported Dr. Koppenol is again working at this agency under an arrangement with Thunder Bay Community Health Center. She is employed by that group and we are purchasing half of her time for psychiatric services here.

3. Consumer Advisory Council

Tony White noted the minutes included in the meeting were from the June meeting.

IX. Chair's Report

1. Employee Recognition

Gary Nowak reported employee recognition is being held in July and Board members must call to register if they intend to attend the event in their county.

Gary Nowak also inquired as to how many Board members currently receive the Friday Facts from the Board Association as well as Diane. Terry Larson and Gary Nowak are the only board members that get both. Diane will coordinate so they are only getting one copy.

2. Strategic Planning Discussion Continuation

Tony White reviewed the items identified in the Strategic Planning session and presented the Board with a "draft" plan.

Issue 1 identified was access to psychiatry services. Mr. White reported recruiting efforts will continue while exploring an Affiliation-wide solution. Northeast has a need to have at least the equivalent of two full-time psychiatrists.

Issue 2 targets reduction of administrative costs. Consolidations and mergers should be considered. Tony White provided pros and cons of mergers also taking into consideration the vacancy created when a Director retires. He noted the state is squeezing the community mental health boards by mandating reductions in general funds be primarily administrative cuts. Mr. White noted this still is an issue identified by Olga Dazzo, Director of the Department of Community Health. He noted he is in no way at this time making an endorsement of a merger, only a recommendation that the Board do its due diligence.

Issue 3 addresses the 25-year "mortality gap" for those consumers with serious mental health conditions, as well as the prospects for integration of behavioral healthcare with primary care.

Issue 4 recommends a revision of the Mission Statement to address the culture of gentleness in the mission statement. Board members reviewed the proposed revision.

The next step in the strategic planning process would be to develop next steps and timelines. Mr. White will revise the draft plan for consideration by the Board at the August meeting.

3. Planning for CEO Evaluation

Diane Hayka reported the CEO Evaluation is conducted as part of the August meeting. The evaluation is based on the monitoring reports from the past year. Board members can contact Diane Hayka to get copies if needed.

4. MACMHB Regional Forum

This year's Regional Forum is scheduled for September 9 and 10 for our region. The location and the final agenda have not been received. Board members were requested to save the date.

X. Director's Report

1. Budget Update

Tony White reported the Governor has approved the budget. Mr. White reported that the funding formula will be used in the cuts to the general fund again this year; however, there is an additional caveat that no board shall have a cut that exceeds 4%. This restriction will mean less protection for boards that have fewer lower General Fund resources, such as Northeast. He noted the best estimate we can make is that Northeast may face a cut of around \$58,000. The Medicaid revenue will increase due to caseload overload; however, there is now a claims tax assessed which most likely will result in a modest reduction. FY 2012 may also be a rebasing year Medicaid; if so, that may affect funding as well. Mr. White reported it is likely we will know the budget sooner this year due to the fact the state has balanced and released its budget early.

2. QI Council Update

Tony White reported the minutes of the QI Council minutes were included in the mailing.

3. NetSmart University Agreement

Tony White reported this agreement came in after the mailing. It covers our online training system used for much of the agency's staff training and provides training records for all employees. He noted this agreement will add 37 licenses to allow for additional staff as well as some contractors.

Moved by Terry Larson, supported by Pat Przeslawski, to approve the NetSmart University Agreement. Roll call vote: Ayes: Richard Anderson, Linda Canfield, Maggie Clay, Virginia DeRosia, Marie LaLonde, Terry Larson, Tom Mullaney, Gary Nowak, Pat Przeslawski, Tom Young; Nays: None; Absent: Alan Fischer, Judy Hutchins. Motion carried.

XI. Information and/or Comments from the Public

There were no comments presented.

XII. Next Meeting

The next regularly scheduled meeting of Northeast Michigan Community Mental Health Authority Board will be held Thursday, August 11, 2011 at 3:00 p.m.

A. Set August Agenda

The August schedule was reviewed. As a suggested educational session, Pat Przeslawski requested the physician assistants provide information as to their role in the mental illness division. Cathy Meske reported on the services provided by the physician assistants. Cathy reported the mid-level clinical staff provide medication reviews and they do not provide therapy. They will refer consumers to clinical staff if therapy is needed. It was noted Dr. Rajasekhar had presented the Board with an overview recently.

B. Evaluation of Meeting

Pat Przeslawski reported the meeting was good and everyone had opportunity to voice opinions.

XIII. Adjournment

Moved by Richard Anderson, supported by Linda Canfield, to adjourn the meeting.

Motion carried. This meeting adjourned at 4:20 p.m.

_____[signed by Virginia DeRosia on 8/11/11]
Virginia DeRosia, Secretary

_____[signed by Gary Nowak on 8/11/11]_____
Gary Nowak, Chair

Diane Hayka
Recorder