

Northeast Michigan Community Mental Health Authority Board

Board Meeting

March 10, 2011

I. Call to Order

Chair Gary Nowak called the meeting to order in the Board Room at 3:00 p.m.

II. Roll Call and Determination of a Quorum

Present: Linda Canfield, Maggie Clay, Virginia DeRosia, Terry Larson, Gary Nowak, Patricia Przeslawski

Absent: Judith Hutchins (excused), Marie LaLonde (excused), Tom Mullaney (excused), Tom Young (excused), Richard Anderson, Alan Fischer,

Staff & Guests: Lisa Anderson, Gail Brege, Carolyn Bruning, Lee Ann Bushey, Steve Gilmore, Cheryl Jaworowski, Ed LaFramboise, Cathy Meske, Mary Mingus, Tony White, Dick Wiitala

III. Consent Agenda

1. Approval of Minutes

Moved by Linda Canfield, supported by Pat Przeslawski, to approve the Consent Agenda as presented. Motion carried.

IV. Information and/or Comments from the Public

Gail Brege, intern, thanked the Board for the opportunity to complete her internship with community mental health under the guidance of Cathy Meske. She reported today is her last day of internship. She currently works in the corrections department in three of our counties.

V. Educational Session – “Creating Michigan 3.0” – Olga Dazzo, DCH Director, presentation at Winter Conference

Tony White reported Board members attending the Winter Conference were presented with an introduction to Rick Snyder’s vision of where the state is going and how it affects community mental health. Mr. White provided Council members with an overview of Olga Dazzo’s presentation. She said it was the Governor’s position that healthcare should be accessible to all citizens, prevention should be emphasized and made more person centered.

Mr. White briefly described the Governor’s “dashboard reports.” There are a number of healthcare indicators intended to gauge status and progress toward improvement. The indicators use green, yellow and red to indicate whether Michigan is in the top 10, middle 30, or bottom 10 of the 50 states. All Michigan indicators are either yellow or red and need improvement.

Mr. White focused on those parts of Ms Dazzo’s presentation that addressed behavioral health and developmental disabilities. She acknowledged the need to address the 25 year gap in the expected lifetime of people with mental health conditions versus the general population. He also touched on the elimination of unnecessary regulations and improved processes.

Mr. White reported that Ms Dazzo was interested in reducing overhead costs of serving the 280,000 people that were served by the system last year; she noted that the overlapping administration of the 46 CMHSPs, 16 Substance Abuse Coordinating Agencies and 18 PIHPs will

be scrutinized. While the Department has indicated there will be no forced mergers, the pressure will be put on agencies to reduce administrative costs through restructuring.

VI. Board Member Recognition

The March Board meeting is dedicated to acknowledging Board members service to the Agency. Board members reaching milestones this year include Virginia DeRosia with 15 years and Terry Larson with 10 years. Board members have a total of 93 ½ years of service.

Recess meeting at 3:25 p.m. for refreshments.

Resume meeting at 3:35 p.m.

VII. Nominations Committee Report

Virginia DeRosia reported the Nominations Committee met on Thursday, February 10 to propose a slate of officers for the April meeting. It is the recommendation of the committee the officers remain in their current roles as follows:

Gary Nowak, Chair
Patricia Przeslawski, Vice Chair
Virginia DeRosia, Secretary
Maggie Clay, Past Chair

VIII. March Monitoring Reports

1. Treatment of Consumers 01-002

Tony White reported this monitoring report focuses on consumer surveys. Last year he provided Board members with copies of the actual surveys which were many pages long. Most Board members indicated they did not necessarily need all that detail; therefore, this year's report is a summary of the data and findings.

Mr. White reported many of the satisfaction surveys are conducted through the Northern Affiliation. This year, a survey was conducted on case management/supports coordination, medical services, assertive community treatment and psychosocial rehabilitation. The results of the survey were positive for all programs covered by the study. However, the overall return rate for Northeast was 66% while the Affiliation average was 79%. Last year the return rate for Northeast was 60%. Mr. White noted Northeast should improve the response. A number of potential solutions were discussed; Cathy Meske noted that the matter was being addressed

Mr. White reviewed the Customer Satisfaction Committee brochure which summarizes the internal surveys of people with developmental disabilities receiving community support services, supported independence program and supported employment program.

2. Treatment of Staff 01-003

Tony White reported the HealthFirst Committee is working with The Campbell Group to develop a survey of staff employee wellness services, programs and activities. The report of the survey should be completed in 60-90 days.

3. Budgeting 01-004

Cheryl Jaworowski reported that four months into the fiscal year we have a net loss of \$66,576 in local funds. She noted, however, both Medicaid and General Funds are significantly underspent, but a retroactive pay adjustment address a portion of this lapse. Cheryl Jaworowski also reported word has been received from our liability company Michigan

Municipal Risk Management that they will be disbursing some fund balance to members. She is anticipating about \$50,000.

Cheryl Jaworowski inquired what Board members are looking for in an educational session on CMH financing at the next meeting. Pat Przeslawski noted it would be useful to have a better understanding of the requirements relating to lapsed funds, i.e. can they be carried-over or must they be returned to the State. Cheryl Jaworowski suggested that administrative costs are being analyzed and she could present data related to that. She could also include cost of services per consumers and may be able to present data related to that.

Gary Nowak requested to have some comparisons of Northeast to other boards.

Moved by Terry Larson, supported by Linda Canfield, to accept the March monitoring reports as presented. Motion carried.

IX. Board Policies Review

1. Budgeting 01-004

There were no recommendations made to this policy.

2. Governance Commitment 02-001

Pat Przeslawski noted that the board has recently discussed the governance model and concluded that the hybrid model used works well for this Board; Linda Canfield concurred.

3. Board Member Code of Conduct 02-008

Pat Przeslawski noted that this policy is well written and that members are following it. Terry Larson suggested that the board also include annual disclosure of any potential conflicts of interest.

Alan Fischer arrived at 3:55 p.m.

A question will be added to the Section 222 questionnaire for Board members to complete in April to address disclosure and conflicts.

X. Linkage Reports

1. Affiliation Updates

a. Contract Amendment

Tony White reported this amendment was received after the mailing had been sent. This is an amendment to the contract with the North Country Community Mental Health and addresses the use of General Funds to cover over-expenditures of Medicaid. In addition, risk reserve language was added to the contract to codify the State requirement that only PIHPs may have risk reserves for Medicaid. It further specifies circumstances and responsibility for cost over-runs.

Moved by Linda Canfield, supported by Pat Przeslawski, to approve the Contract Amendment with North Country Community Mental Health as presented. Roll call vote: Ayes: Linda Canfield, Maggie Clay, Virginia DeRosia, Alan Fischer, Terry Larson, Gary Nowak, Pat Przeslawski; Nays: None; Absent: Richard Anderson, Judy Hutchins, Marie LaLonde, Tom Mullaney, Tom Young. Motion carried.

2. Board Association

a. Winter Board Conference

Gary Nowak requested this item be moved to the April meeting for discussion as some of the attendees are not present.

b. Fall Board Conference Survey

Tony White reported the Board Association's Member Services Committee is exploring the possibility of a different location for the Fall Board Conference. Consideration is being given to Soaring Eagle in Mt. Pleasant, but the committee would like to know if locating a conference on premises shared with a gambling facility would be a problem for potential attendees. Discussion ensued as to cost comparison, the distance being almost equal and noting the Grand Traverse has access to a casino as well – just not on the immediate property. The consensus of the board was that location in such a facility would not present issues for Northeast.

Moved by Pat Przeslawski, supported by Virginia DeRosia, to support the Committee's decision for the location no matter where it is hosted. Motion carried.

3. Consumer Advisory Council

a. Walk-A-Mile-In-My-Shoes Rally

Tony White reported that the Consumer Advisory Council will coordinate attendance of consumers at the Walk-A-Mile-in My Shoes Rally. This year the rally will be held on May 11, 2011 at the Capitol. Northeast traditionally has up to 10 consumers that make the trek to Lansing and participate in the rally.

Gary Nowak reported he has attended the last few meetings of the Consumer Advisory Council to encourage them to take a more active role in their agenda preparation and activities.

XI. Chair's Report

1. May Strategic Planning Discussion – Alcona County

Tony White noted that Alcona County is slated for the Strategic Planning Session. Lee Ann is making arrangements with Rosa's Lookout Inn. It was the consensus of the Board that the meeting should start at 3:00 PM with a dinner break at about 5:30 PM.

2. CMH PAC – Last Call

Gary Nowak thanked Board members who have contributed to the PAC and asked others who still intend to donate to do so as soon as possible. He reminded board members that the Director is matching contributions up to \$600.

XII. Director's Report

1. Community Education Follow Up

Tony White reported the article reviewed by the Board last month was submitted to the local newspapers; a copy of the article from the Alpena News was included in the mailing. Mr. White noted the article indicates the intent of the agency to continue to provide information to the community about mental health issues.

Mr. White demonstrated the website Northeast has developed to assist in providing community members with other educational opportunities on various topics. He featured the Eli Lilly site link that provides basic information related to particular diagnoses, including mental illnesses. He noted this is a good start to begin providing basic information related to mental illness. The website address is www.nemcmh.org.

Mr. White briefly touched on the Mental Health First Aid discussed previously. After some investigation, it was determined that a community member would need to commit to a 12-hour training initially. He noted other possibilities will also be investigated.

Mr. White also showed Board members what the electronic board packet would look like and this link could be e-mailed to Board members to eliminate the paper packets if they desire. He indicated the link will possibly be available for the next mailing. Board members could then access the packet at the meeting if they have a laptop with a wireless connection.

2. Office Space Lease – Supported Employment

This office space is located at the former Dick's Arcade, in the same building as the Bay View Center. This would be separate space for new staff being hired under the Medicaid enhancement funds received from the Northern Affiliation. This would expand the MI Supported Employment program.

Linda Canfield asked if the heating issues in that building had been corrected. Steve Gilmore informed the Board the heating is working properly.

Moved by Alan Fischer, supported by Terry Larson, to approve the Lease Agreement with Smigelski Properties for \$300.00 per month as presented. Roll call vote: Ayes: Linda Canfield, Maggie Clay, Virginia DeRosia, Alan Fischer, Terry Larson, Gary Nowak, Pat Przeslawski; Nays: None; Absent: Richard Anderson, Judy Hutchins, Marie LaLonde, Tom Mullaney, Tom Young. Motion carried.

3. Budget Update

Tony White reported Mike Head has issued a letter to the Substance Abuse Agencies informing them of plans that would lead to integration with PIHPs. He noted that NMSAS covers 30 counties and, likely five PIHPs, so integration would be complicated. Mr. Head's letter indicates the Department will not support separate administrations for each as the goal is to reduce administrative overhead. Terry Larson reported this letter from Mike Head was only sent to the 8 Coordinating Agencies that cover multiple CMHSPs. He reported Sue Winter, NMSAS Director, has been appointed as spokesperson to represent those Coordinating Agencies. NMSAS had adopted a position statement outlining its opposition. They will be requesting letters of support from the various county commissions. Terry Larson reported Dennis Priess is retired from NMSAS and Sue Winter has replaced him.

Mr. White reviewed some of the FY 2012 DCH budget materials Mike Head presented to the legislature yesterday. There is some new information related to how the 3% reduction in General Funds will be implemented. Mr. White reported there is hope the formula used last fiscal year for the cuts will be used again this year. Use of this formula last year reduced Northeast's cut to only \$12,000. The Department has also indicated they will promote consolidation of administrative functions among CMHSPs as well as mergers.

Gary Nowak requested Cheryl include in her presentation next month the services Medicaid pays for and what services are funded by General Funds.

4. QI Council Update

The minutes of the QI Council were included in the mailing and Board members had no questions.

5. Wrap Around Agreement

Mr. White reported this agreement was also received after the mailing had been sent. This agreement is a continuation agreement with the court system to provide wraparound services.

Moved by Linda Canfield, supported by Patricia Przeslawski, to approve the Lease Agreement with 26th Judicial Circuit Court for \$2,500.00 for wraparound services as presented. Roll call vote: Ayes: Linda Canfield, Maggie Clay, Virginia DeRosia, Alan Fischer, Terry Larson, Gary Nowak, Pat Przeslawski; Nays: None; Absent: Richard Anderson, Judy Hutchins, Marie LaLonde, Tom Mullaney, Tom Young. Motion carried.

6. DCH Planning re: CAs and PIHPs Integration

This topic covered earlier under Director's Budget update.

XIII. Information and/or Comments from the Public

Cathy Meske introduced Mary Mingus to the Board. Mary will be leading the program for the MI Supported Employment.

XIV. Next Meeting – Thursday, April 14 at 3:00 p.m.

The next regularly scheduled meeting of Northeast Michigan Community Mental Health Authority Board will be held Thursday, April 14, 2011 at 3:00 p.m. in the Board Room.

1. Set April Agenda

Gary Nowak reviewed the items to be included on the April agenda. Cheryl Jaworowski reported there will be a budget amendment presented at the April meeting. The April meeting is also the board's annual organizational meeting.

2. Evaluation of Meeting

Patricia Przeslawski reported board members supported each other and were free to voice their opinions.

XV. Adjournment

Moved by Linda Canfield, supported by Patricia Przeslawski, to adjourn the meeting. Motion carried. This meeting adjourned at 4:40 p.m.

signed by Virginia DeRosia on 4/14/11
Virginia DeRosia, Secretary

signed by Gary Nowak on 4/14/11
Gary Nowak, Chair

Diane Hayka
Recorder